



CÁNCER DE MAMA: DIÁLOGOS SOBRE ENFERMEDAD TEMPRANA

Cáncer de mama luminal: novedades en el tratamiento adyuvante

Dudas ante este nuevo escenario:  
¿plataformas genómicas?. ¿HT extendida?  
¿bloqueo estrogénico completo? ¿papel  
quimioterapia?



# Información

- Employment: OSAKIDETZA (Servicio Vasco de Salud)
- Consultant or Advisory Role: AstraZeneca, Pfizer, Roche, Palex, Seagen, Gilead, MSD
- Stock Ownership: no
- Research Funding: AstraZeneca, Pfizer, Novartis, Roche
- Speaking: AstraZeneca, Pfizer, Novartis, Roche, Eisai
- Grant support: No
- Other: Meeting inscription & travel expenses: AstraZeneca, Pfizer, Roche, Eisai, Lilly, Daichii-Sankyo



# CM precoz RH+/HER2-



- Riesgo de recurrencia tardía
- RH (RE y RP) - Factor pronostico , predictivo
- HER2 - Low vs 0 - no dif pronóstica
- T y N - Factor pronóstico
- Grado - Factor pronóstico
- Firmas Genómicas - Factor pronostico, predictivo de beneficio a QT (High risk RScore), BCI (beneficio terapia endocrina extendida?)
- Ki 67 - Factor pronóstico. Factor predictivo de hormonosensibilidad- Descenso precoz - (problema de reproducibilidad)
- Respuesta patológica a tratamiento neoadyuvante -
  - QT - Baja tasa de pCR. Menos discriminante que en HER2 y TN
  - HT - PEPI score - Factor pronóstico - N o mide la respuesta sino el estatus tras HT independientemente de la respuesta



# 18<sup>TH</sup> ST.GALLEN INTERNATIONAL BREAST CANCER CONFERENCE 2023

15 – 18 March 2023, Vienna/Austria

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CONSENSO

## Journal Pre-proof

Understanding breast cancer complexity to improve patient outcomes: The St. Gallen International Consensus Conference for the Primary Therapy of Individuals with Early Breast Cancer 2023



G. Curigliano, H.J. Burstein, M. Gnant, S. Loibl, D. Cameron, M.M. Regan, C. Denkert, P. Poortmans, W.P. Weber, B. Thürlimann

PII: S0923-7534(23)00835-9

DOI: <https://doi.org/10.1016/j.annonc.2023.08.017>

Reference: ANNONC 1265

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# New practice changing Studies in early Breast Cancer since St Gallen 2021 - HR+/Systemic Therapy - I

- The MONARCH-E trial showed that adjuvant abemaciclib reduced invasive disease-free survival in high risk, ER positive breast cancer.
- The NATALEE trial showed that adjuvant ribociclib reduced invasive disease-free survival in high risk, ER positive breast cancer.



# New practice changing Studies in early Breast Cancer since St Gallen 2021 - HR+/Systemic Therapy - II

- After 13 years of follow up of the SOFT and TEXT trials, the addition of OFS to adjuvant endocrine therapy confirmed a clinically significant OS benefit in high-risk pre-menopausal patients.
- The RxPonder study shows that there is no benefit to chemotherapy in postmenopausal patients with lower genomic risk N1 tumors, but that chemotherapy can reduce the risk of recurrence in premenopausal patients, possibly due to chemo-induced amenorrhea.
- After 11 years of follow-up, ET was confirmed as non-inferior to chemo-ET in patients with HR-positive, HER2-negative, node-negative early BC and a RS 11-25.
- In postmenopausal patients with stage 1 or 2, HR positive breast cancer who had received 5 years of adjuvant endocrine therapy, extending hormone therapy by 5 years provided no benefit over a 2-year extension but was associated with a greater risk of bone fracture.



# New practice changing Studies in early Breast Cancer since St Gallen 2021 - HR+/Systemic Therapy - III

- The OlympiA trial demonstrates that adjuvant therapy with olaparib increases overall survival in patients with breast cancer harboring germline BRCA1/2mutation.
- After 8 years, adjuvant denosumab during adjuvant therapy with AI confirmed to markedly reduce treatment-induced clinical fractures
- Among select patients with previous HR-positive early BC, temporary interruption of ET to attempt pregnancy did not confer a greater short-term risk of BC events, including distant recurrence, than that in the external control cohort.



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## \*\*\*Risk stratification HR(+)/HER2(-):

### Favorable biology:

- ✓ lower risk genomic signature
  - recurrence score < 25 (postm N0/N1-3) or (prem 16 to 25 N0),
  - or 70-gene signature ‘low’);
- ✓ strongly ER positive with low to intermediate grade,
- ✓ and/or lower baseline Ki67,
- ✓ or decrease in Ki67 with preoperative exposure to endocrine therapy.

### Less favorable biology:

- ✓ higher risk genomic signature (e.g. recurrence score > 25 or 70-gene signature ‘high’);
- ✓ lower ER expression, intermediate to high grade,
- ✓ and/or higher baseline Ki67,
- ✓ or lack of decline in Ki67 with preoperative exposure to endocrine therapy.



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CONSENSO

**Table 3 Systemic Therapy for ER+ HER2- breast cancer**

Anatomic Stage	TN	Type and duration of endocrine therapy*	Ovarian Suppression	Chemotherapy°/Abemaciclib	Olaparib
				Premenopausal      Postmenopausal	Premenopausal and postmenopausal
Stage 1	T1ab N0	AI or Tam, 5 years§	No OFS	No      No	No
	T1c N0	AI or Tam, 5 years	Consider OFS and AI/tam for higher risk, particularly those warranting chemotherapy, age < 40, high grade, or intermediate genomic scores (e.g. recurrence score 16 to 25)	Consider no chemotherapy for favorable biology tumors especially if not pursuing OFS*** Yes for less favorable biology tumors	No for favorable biology tumors*** Yes for less favorable biology tumors

\*Historically, the St Gallen Panel has favored AI-based therapy in higher risk tumors defined by T and N stage, grade, and Ki67 score

§ minimal risk may be managed without adjuvant treatment



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CONSENSO

Table 3 Systemic Therapy for ER+ HER2- breast cancer

Anatomic Stage	TN	Type and duration of endocrine therapy*	Ovarian Suppression	Chemotherapy <sup>°</sup> /Abemaciclib	Olaparib
				Premenopausal      Postmenopausal	Premenopausal and postmenopausal
Stage 2	N0 (node negative)	Consider extended therapy**, especially after initial 5 years of tamoxifen	OFS and AI/tam for higher risk, particularly those warranting chemotherapy, age < 40, high grade, or intermediate genomic scores (e.g. recurrence score 16 to 25)	Consider CT for favorable biology tumors especially if not pursuing OFS *** Yes for less favorable biology tumors	No for favorable biology tumors*** Yes for less favorable biology tumors
	N1 (1-3+ LN)	Extended therapy**	OFS and AI/Tam	Consider for favorable biology tumors*** Yes for less favorable biology tumors Abemaciclib for 2 years	No for favorable biology tumors*** Yes for less favorable biology tumors Abemaciclib for 2 years for high risk stage II

\*\*Extended therapy implies 10 years of treatment though some studies indicate that 10 years may not offer benefit beyond that seen with 7.5 - 8 years of endocrine therapy



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Anatomic Stage	TN	Type and duration of endocrine therapy*	Ovarian Suppression	Chemotherapy°/Abemaciclib	Olaparib
				Premenopausal      Postmenopausal	Premenopausal and postmenopausal
Stage 3		Extended therapy**	OFS and AI/Tam	Yes Abemaciclib for 2 years	Yes Abemaciclib for 2 years  Yes for pN ≥4 the adjuvant setting Yes for non pCR AND a clinical and pathological stage (CPS&EG) score ≥3.

\*\*Extended therapy implies 10 years of treatment though some studies indicate that 10 years may not offer benefit beyond that seen with 7.5 - 8 years of endocrine therapy



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## When Chemo is considered indicated -

### °The Panel recommended

- ✓ anthracycline- and taxane-based adjuvant chemotherapy regimens for stage 3, ER positive tumors;
- ✓ for stage 1 or 2 presentations, the Panel was divided between
  - taxane-based regimens (e.g. TC, 44%),
  - anthracycline-only regimens (e.g. AC, 14%),
  - anthracycline- and taxane-based regimens (42%).

# Definición de RH+

RE (+) - 1-10% ¿Como considerarlo?

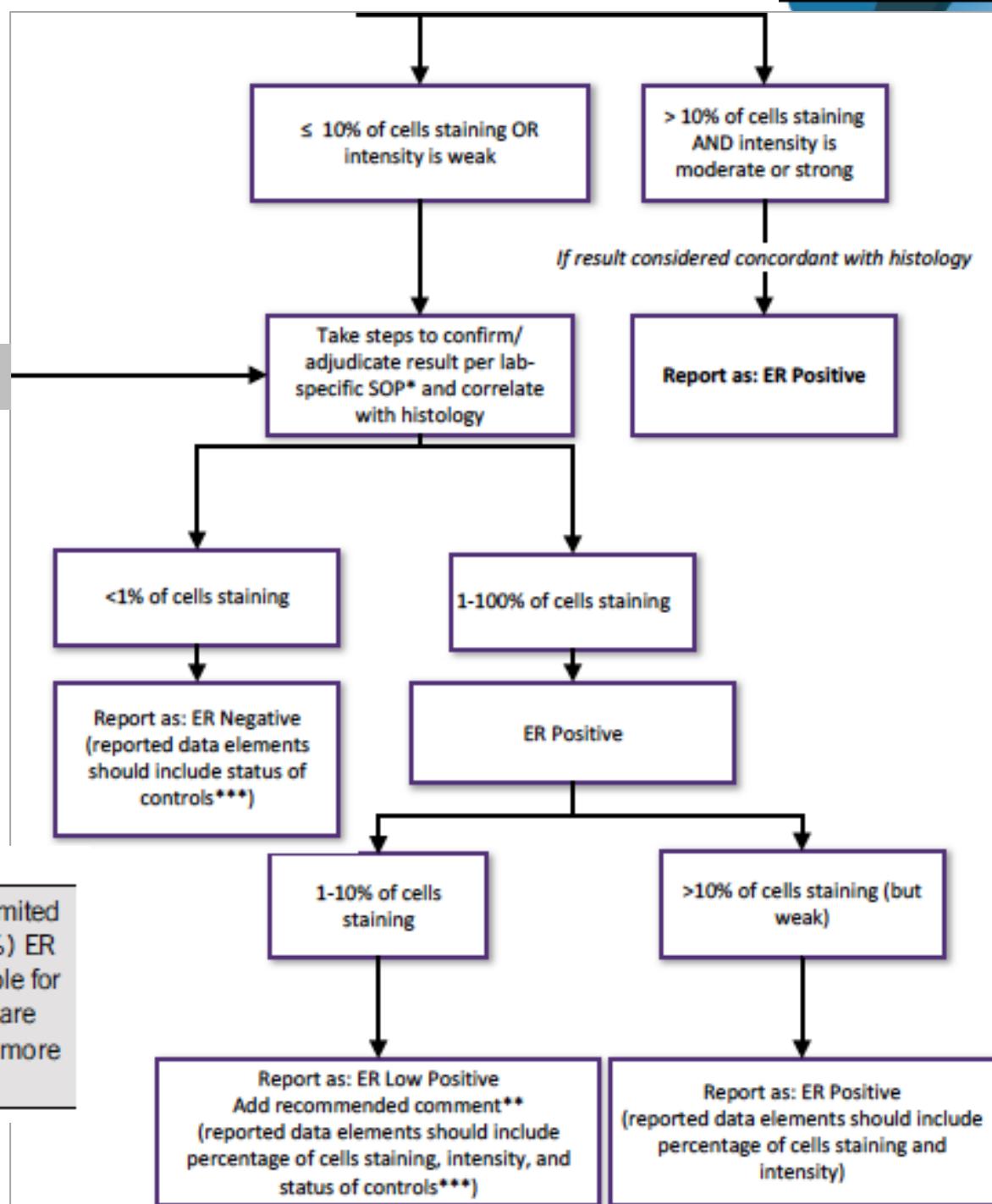
ASCO-CAP guidelines

## Result

1%-10% cells staining

## Additional Recommended Comment

The cancer in this sample has a low level (1%-10%) of ER expression by IHC. There are limited data on the overall benefit of endocrine therapies for patients with low level (1%-10%) ER expression, but they currently suggest possible benefit, so patients are considered eligible for endocrine treatment. There are data that suggest invasive cancers with these results are heterogeneous in both behavior and biology and often have gene expression profiles more similar to ER-negative cancers.





# plataformas genómicas

**Genomics** platforms are multigene profiles, based on DNA or RNA expression, aimed at prognosticating the outcome and/or predicting the response to systemic therapies



Treatment decisión  
making

Research

oncotype DX®

HR+, 21 gene Continuous Recurrence Score, Prognostic Risk Groups, Benefit of therapy  
**Prospective trials in HR+/HER2- TailorX (N0), RxPONDER (N+ 1-3)**

mammaprint

70 gene - Low/High risk, prognostic groups  
**Prospective trial – MINDACT (N0,N+1-3)**

Prosigna

PAM50 Intrinsic Subtypes; Risk of Recurrence – ROR in HR+ (+ T & N)  
Prospective trial – OPTIMA (ongoing)

EndoPredict®

11 Gene, HR+/HER2- ; Low/high risk; EP, EP clin (+T&N)

breast cancer index

BCI prognostic score: 2 functional biomarker panels: HOXB13/IL17BR (H/I) ratio + the molecular grade index (MGI); Low/High risk. H/I: Benefit of extended endocrine therapy?



# ¿Son concordantes en la categorización de riesgo pronóstico?

**NO**

**Table 3.** Risk categorization by each test

Risk group	Oncotype DX* No. (%)	MammaPrint† No. (%)	Prosigna No. (%)	IHC4 No. (%)	IHC4-AQUA‡ No. (%)
No. of patients (%)	301 (99.7)	298 (98.9)	299 (99.0)	257 (85.1)	271 (89.7)
Low risk	163 (54.2)	183 (61.4)	108 (36.1)	62 (24.1)	87 (32.1)
Intermediate risk	84 (27.9)	—	88 (29.4)	123 (47.9)	80 (29.5)
Mid risk	—	—	—	—	55 (20.3)
High risk	54 (17.9)	115 (38.6)	103 (34.5)	72 (28.0)	49 (18.1)

# ¿Predicción de beneficio terapéutico?

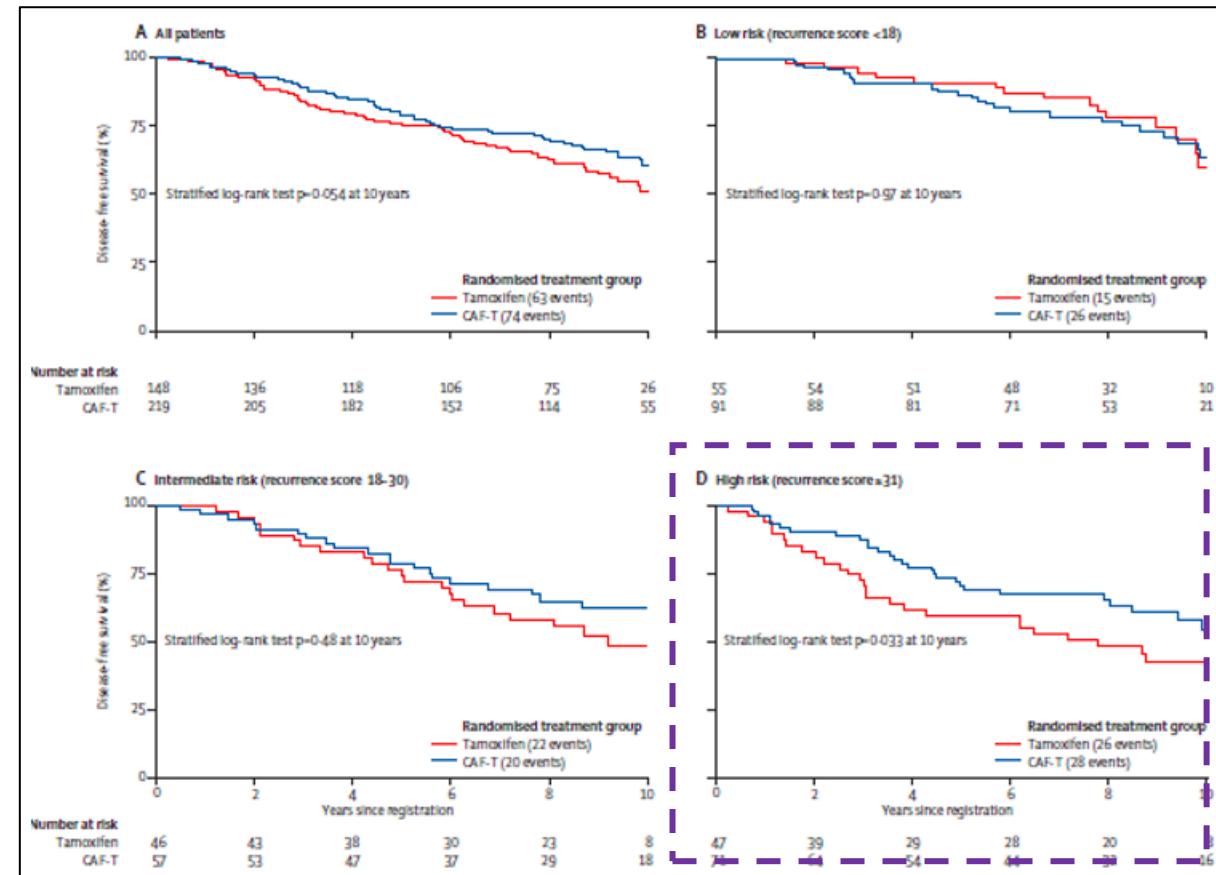
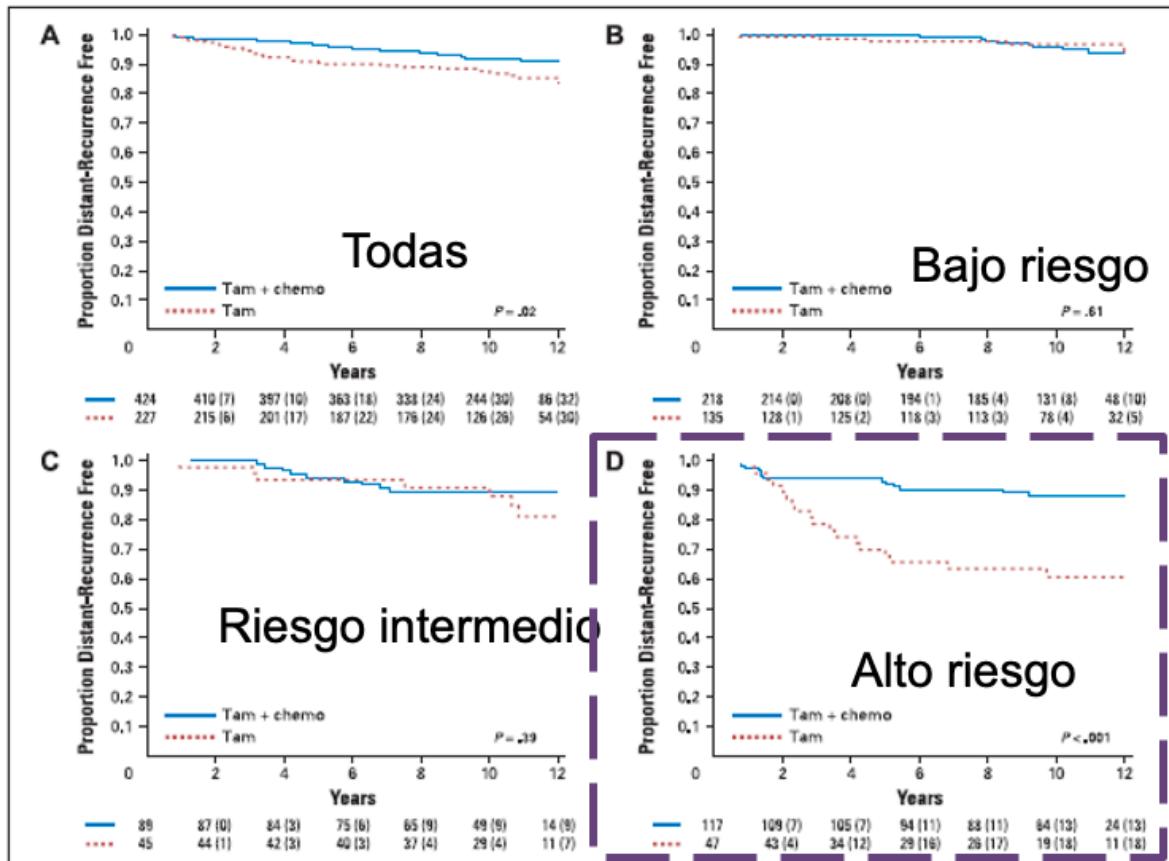
QT - BENEFICIO  
Alto Riesgo



ONCOTYPE-DX - RS

NSABP B20 (TvsT+QT-CMFMF)(N0)

SWOG 8814(TvsT+QT-FAC)(N+)



Paik S. JCO 2006

Albain K Lancet Onc 2009

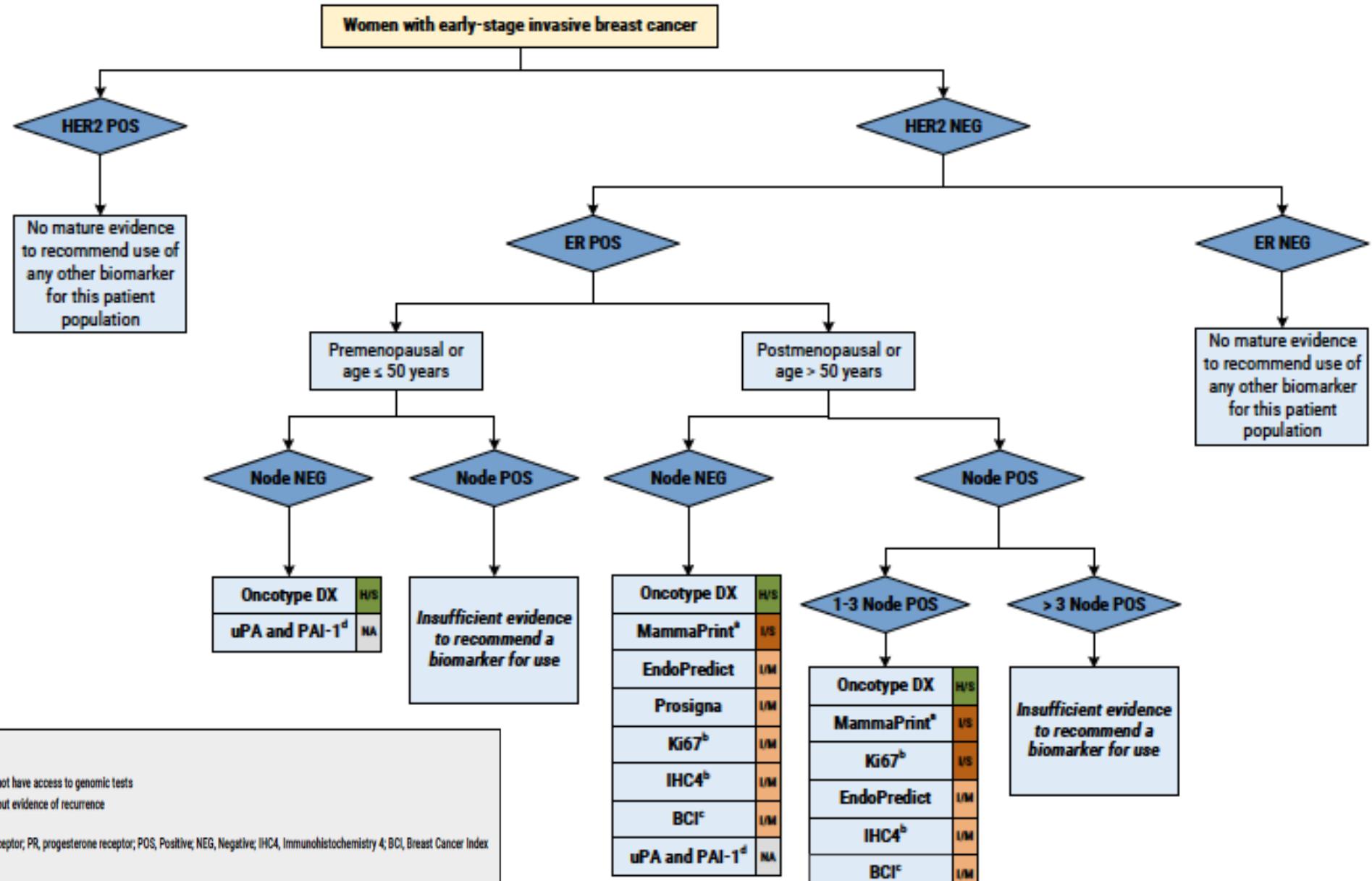


ALTO RIESGO GENOMICO -  
NO INCLUIDO EN LOS ENSAYOS PROSPECTIVOS TAYLOR, RXPONDER



# Guidelines

## Algorithm on Biomarkers to Guide Decisions on Adjuvant Endocrine and Chemotherapy

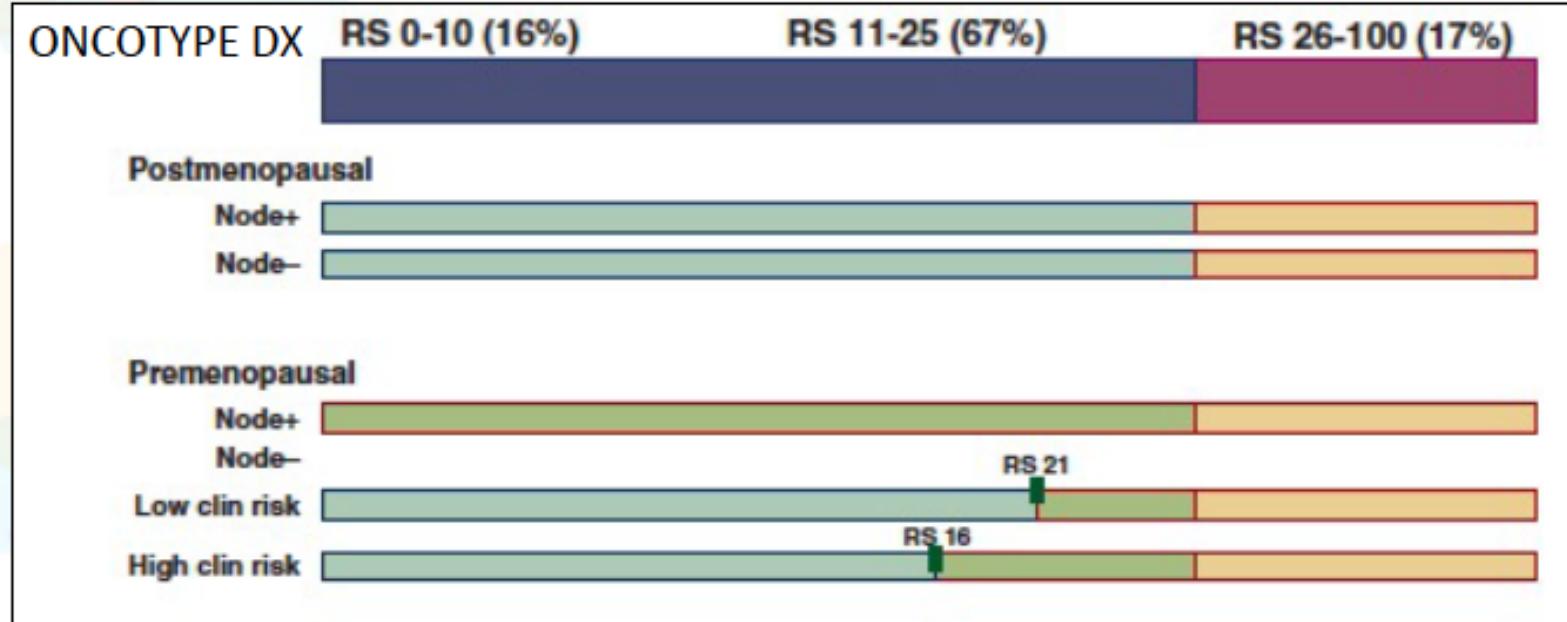




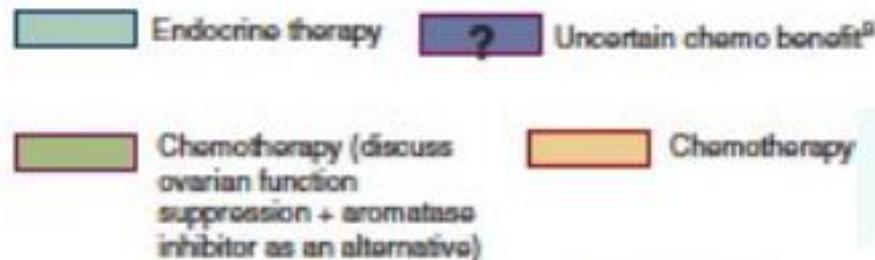
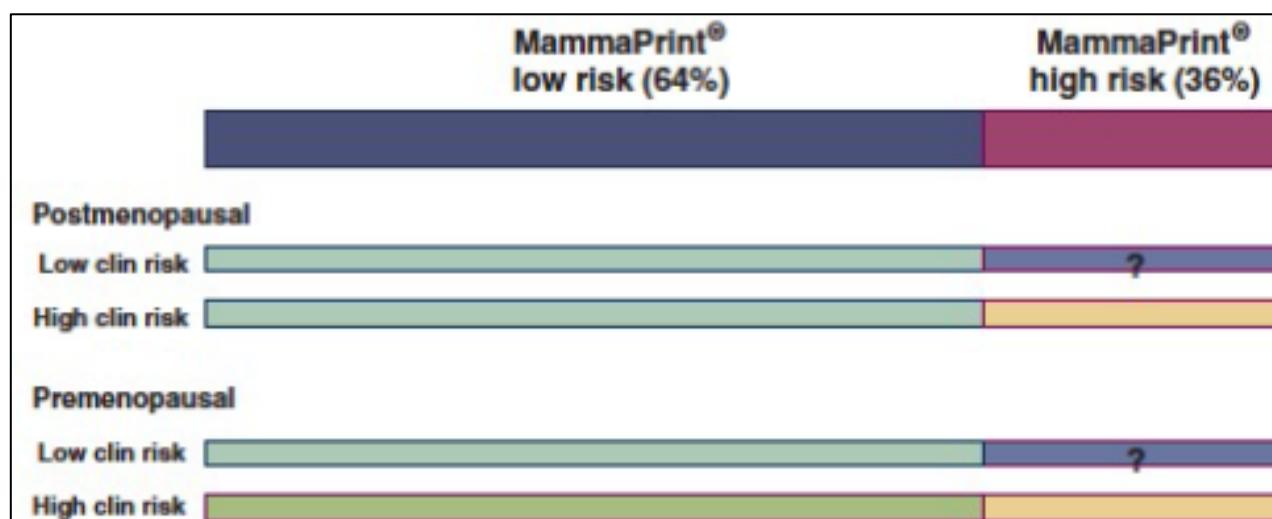
**GENE EXPRESSION ASSAYS FOR CONSIDERATION OF ADJUVANT SYSTEMIC THERAPY<sup>a,b</sup>**

Assay	Predictive	Prognostic	NCCN Category of Preference	NCCN Category of Evidence and Consensus	Recurrence Risk and Treatment Implications
21-gene (Oncotype Dx) (for pN0)	Yes	Yes	Preferred	1	<a href="#">BINV-N (2)</a>
21-gene (Oncotype Dx) for pN1 (1–3 positive nodes) <sup>c</sup>	Yes	Yes	Postmenopausal: Preferred	1	<a href="#">BINV-N (2)</a>
			Premenopausal: Other	2A	
70-gene (MammaPrint) for pN0 and pN1 (1–3 positive nodes)	Not determined	Yes	Other	1	<a href="#">BINV-N (3)</a>
50-gene (Prosigna) for pN0 and pN1 (1–3 positive nodes)	Not determined	Yes	Other	2A	<a href="#">BINV-N (3)</a>
12-gene (EndoPredict) for pN0 and pN1 (1–3 positive nodes)	Not determined	Yes	Other	2A	<a href="#">BINV-N (3)</a>
Breast Cancer Index (BCI)	Predictive of benefit of extended adjuvant endocrine therapy	Yes	Other	2A	<a href="#">BINV-N (4)</a>

# Plataformas genómicas y decisión de QT adyuvante



**Age (<50, >50) and menopause (pre, post)**  
- TAILOR & MINDACT – used 50 y as cut point and as a “surrogate” for menopause





¿Podría explicarse el beneficio de la QT en mujeres premenopáusicas como un efecto endocrino indirecto secundario a la supresión de la función ovárica producida por la QT?

¿Sobre todo en los grupos de riesgo intermedio?

May be....

- Indirect evidence for trials
- Low use of OS in these 3 trials
- Data from SOFT and TEXT trial

But no direct comparison in phase III trials



# Neoadjuvant Chemotherapy, Endocrine Therapy, and Targeted Therapy for Breast Cancer: ASCO Guideline

Check for updates

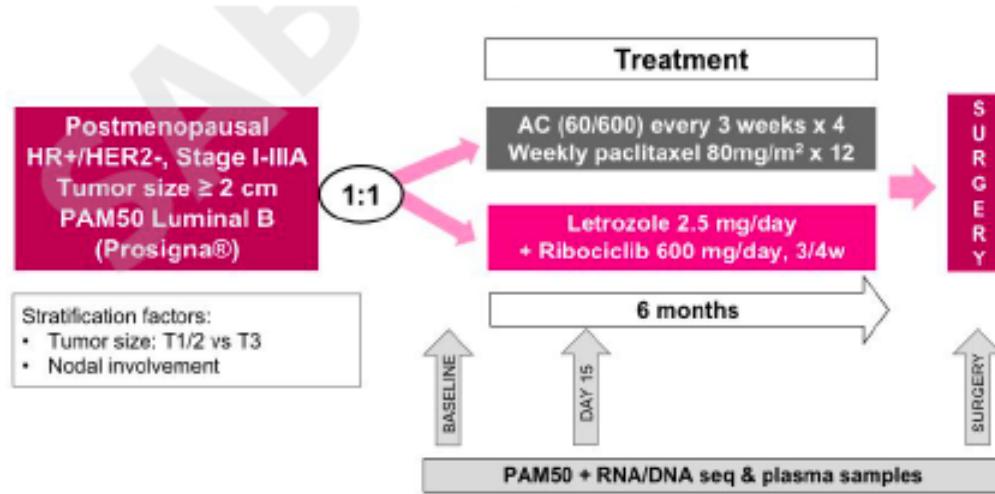
Larissa A. Korde, MD<sup>1</sup>; Mark R. Somerfield, PhD<sup>2</sup>; Lisa A. Carey, MD<sup>3</sup>; Jennie R. Crews, MD<sup>4</sup>; Neelima Denduluri, MD<sup>5</sup>; E. Shelley Hwang, MD<sup>6</sup>; Seema A. Khan, MD<sup>7</sup>; Sibylle Loibl, MD, PhD<sup>8</sup>; Elizabeth A. Morris, MD<sup>9</sup>; Alejandra Perez, MD<sup>10</sup>; Meredith M. Regan, ScD<sup>11</sup>; Patricia A. Spears, BS<sup>3</sup>; Preeti K. Sudheendra, MD<sup>12</sup>; W. Fraser Symmans, MD<sup>13</sup>; Rachel L. Yung, MD<sup>4</sup>; Brittany E. Harvey, BS<sup>2</sup>; and Dawn L. Hershman, MD<sup>14</sup>

## Clinical Question 1

Which patients with breast cancer are appropriate candidates for neoadjuvant systemic therapy?

***Recommendation 1.2.*** Tumor histology, grade, stage and estrogen, progesterone, and HER2 expression should routinely be used to guide clinical decisions as to whether or not to pursue neoadjuvant chemotherapy. There is insufficient evidence to support the use of other immunochemical markers, morphological markers (eg, tumor-infiltrating lymphocytes [TILs]), or genomic profiles to guide a clinical decision as to whether or not to pursue neoadjuvant chemotherapy (Type: informal consensus; Evidence quality: insufficient; Strength of recommendation: moderate).

# HR+/HER2-, NECT vs NET+CDKi(Ribociclib( CORALEEN))



106 p

**PE: MOLECULAR DOWNSTAGE** - proportion of patients with low-ROR disease after neoadjuvant treatment according to the standard PAM50.

80% T2, 60% N0,

KI 67 > 14% 94%,

Median proportion of cells with Ki67 in a simple 22-40% ROR class . High 85% Int 15%

## PAM50 (Prosigna) assay, ROR

Low-ROR was at least 40 points if N0 and at least 15 points if 1-3 N+

Intermediate-ROR 41–60 points if N0 and 16–40 points if 1-3 N+.

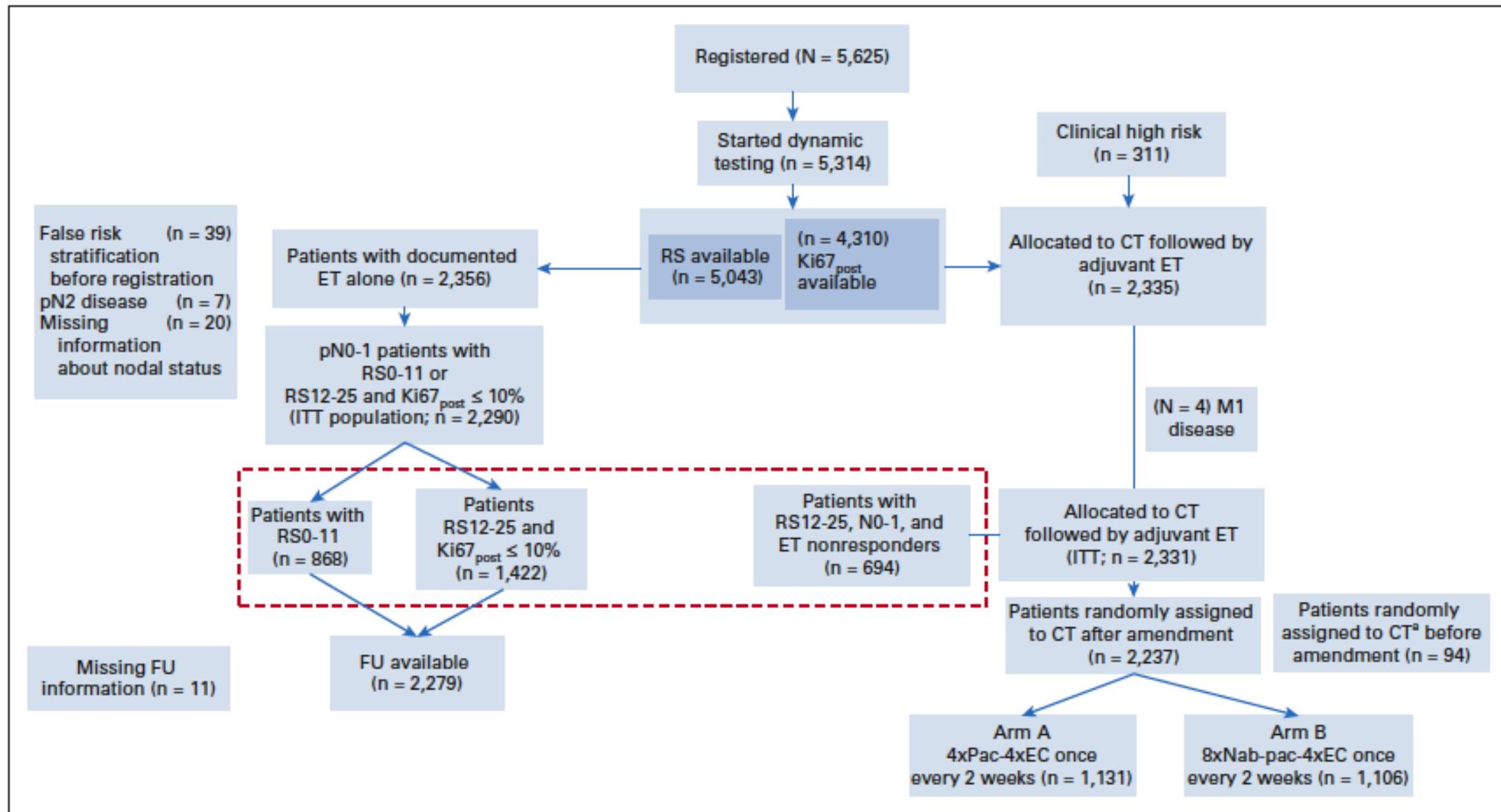
High-ROR disease 61–100 points if N0 and 41–100 points if 1-3 N+

## At surgery, low-ROR

23/49 (46·9%; 95% CI 32·5–61·7) ribociclib plus letrozole group  
24/52 (46·1%; 32·9–61·5) chemotherapy group.

	Ribociclib and letrozole group (n=49)		Chemotherapy group (n=52)	
	n (%)	95% CI	n (%)	95% CI
RCB (central)				
0-1	3 (6·1%)	1·3–16·8	6 (11·8%)	4·5–27·8
2-3	46 (93·9%)	83·2–98·7	45 (88·2%) <sup>s</sup>	76·2–95·5
pCR <sub>BL</sub>	0 (0%)	0·0–7·25	3 (5·8%)	1·4–16·6

# WSG-ADAPT-HR1/HER2-



# WSG-ADAPT-HR1/HER2– Endocrine trial



n = 5,625 registered

**Endocrine trial (2,290 p (n = 1,422 experimental v n = 868 control)**

all patients received exclusively ET:

(pN) 0-1 (ie, 0-3 involved lymph nodes) entered

control arm if RS  $\leq 11$

experimental arm if RS12-25 with ET response (Ki67<sub>post</sub>  $\leq 10\%$ ).

Primary end point of the endocrine trial was noninferiority  
of 5y-iDFS in experimental v control arm

**5y-iDFS dif= -3.3%, establishing prespecified noninferiority (P < .05).**

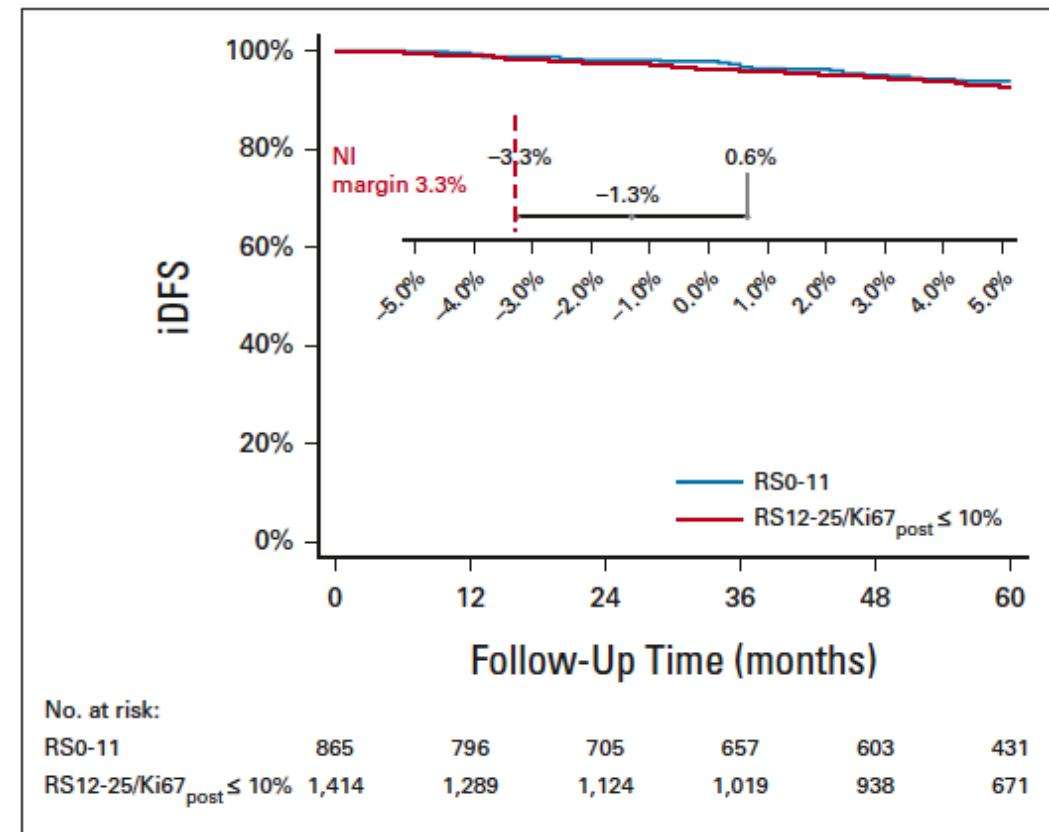
**92.6% (95% CI, 90.8 to 94.0) exp vs 93.9% (95% CI, 91.8 to 95.4) control**

5-year distant DFS - 95.6% versus 96.3%,

5-year OS 97.3% versus 98.0%,

ET response was more likely with aromatase inhibitors (mostly postmenopausal) than with tamoxifen (mostly premenopausal): 78.1% versus 41.1% (P < .001).

**ET response** was 78.8% in RS0-11, 62.2% in RS12-25, and 32.7% in RS > 25 (n = 4,203, P < .001).





# ¿bloqueo estrogénico completo?

¿Mejor que TMX en mujeres premenopáusicas?

# Ablación ovárica -

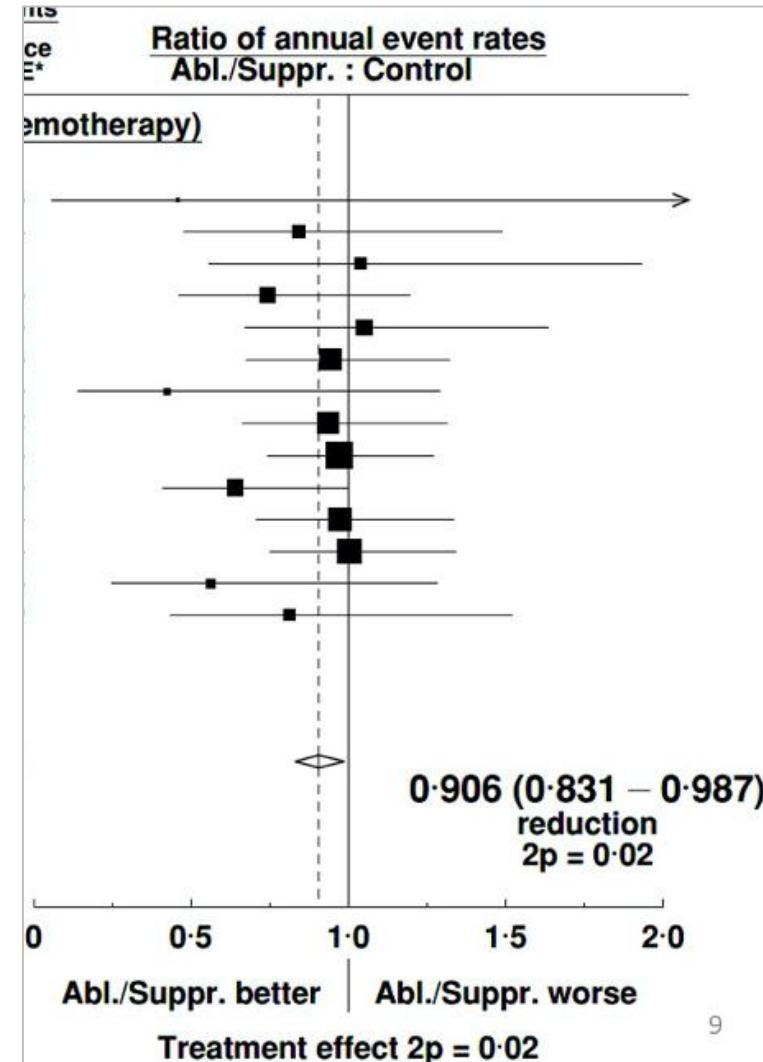
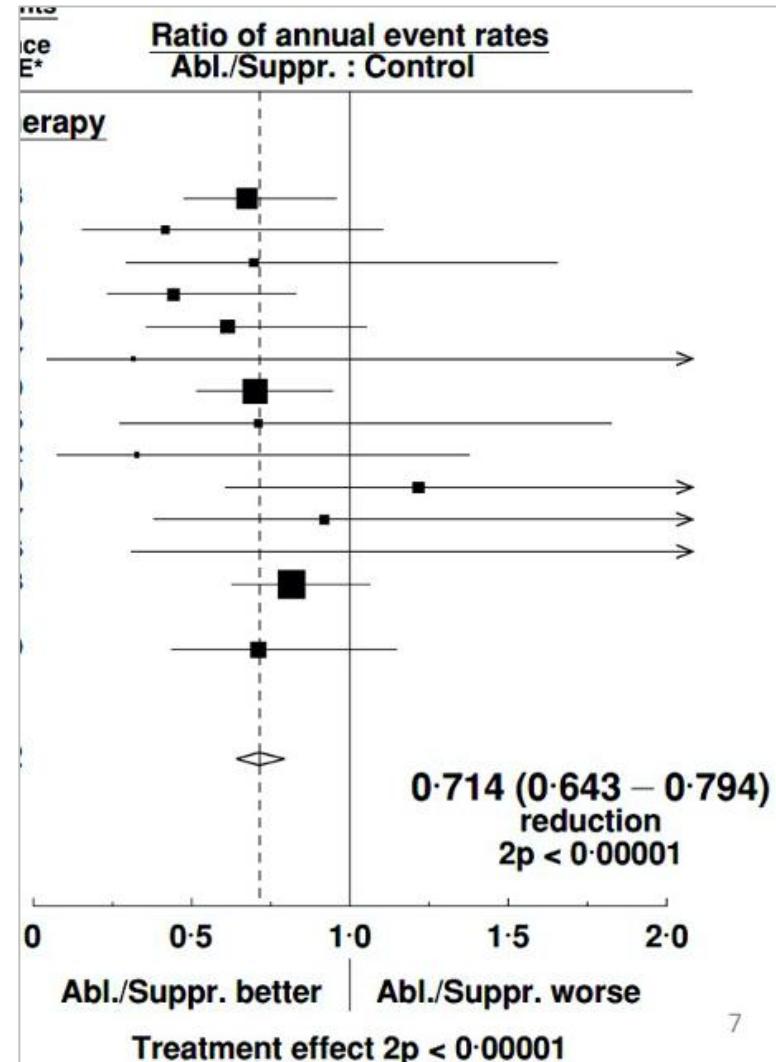


(A) No chemotherapy or premenopausal after chemotherapy

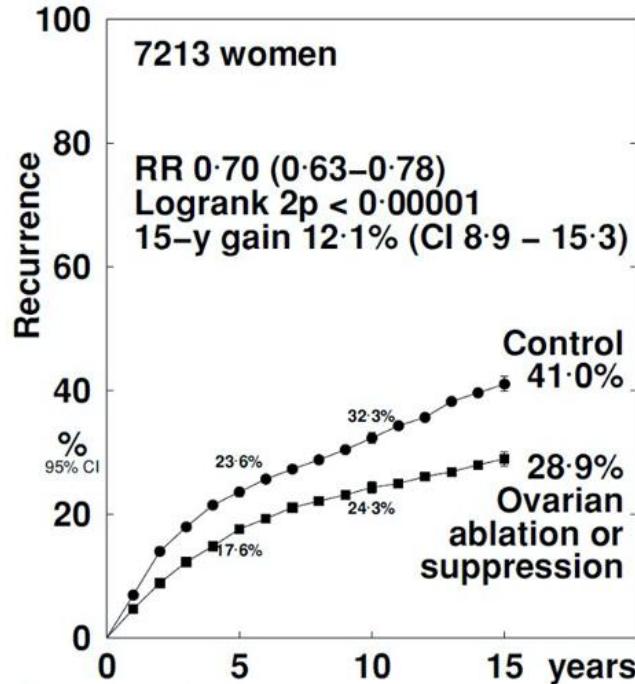
(B) Premenopausal before chemotherapy, uncertain after

Effects of ovarian ablation or suppression on breast cancer recurrence and survival: patient-level meta-analysis of 14,999 pre-menopausal women in 25 randomized trials

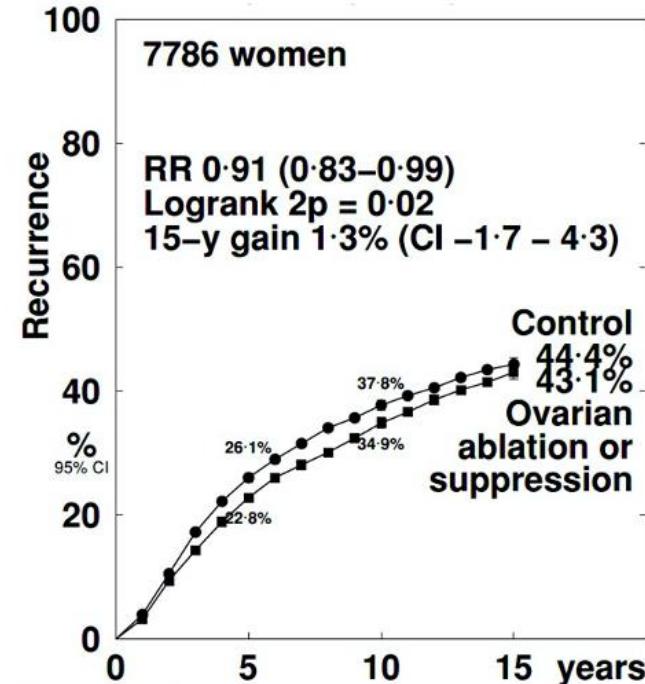
Early Breast Cancer Trialists Collaborative Group (EBCTCG)



## (A) No chemotherapy or premenopausal after chemotherapy

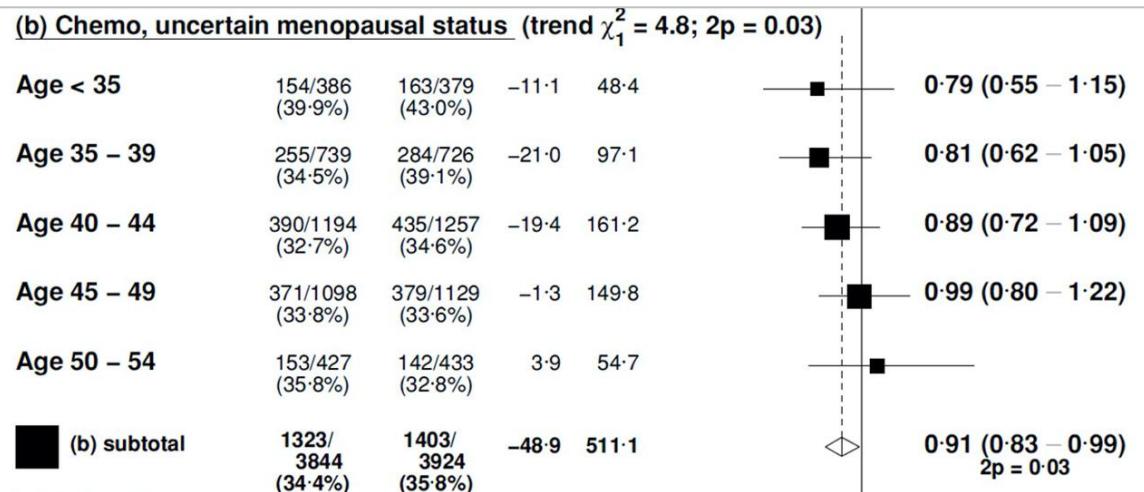


## (B) Premenopausal before chemotherapy, uncertain after



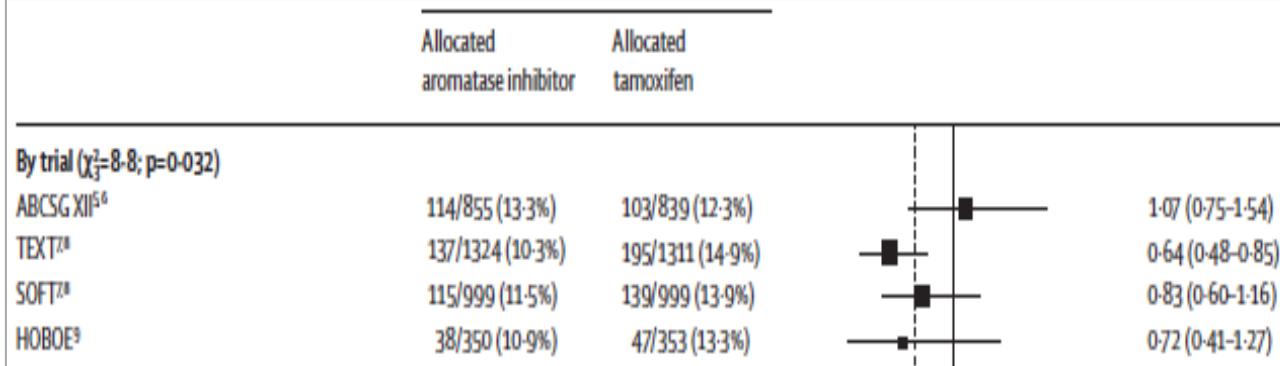
AGE -

- No chemo or prem after chemo - all groups Benefit
- But - uncertain after chemo...



# Aromatase inhibitors versus tamoxifen in premenopausal women with oestrogen receptor-positive early-stage breast cancer treated with ovarian suppression: a patient-level meta-analysis of 7030 women from four randomised trials

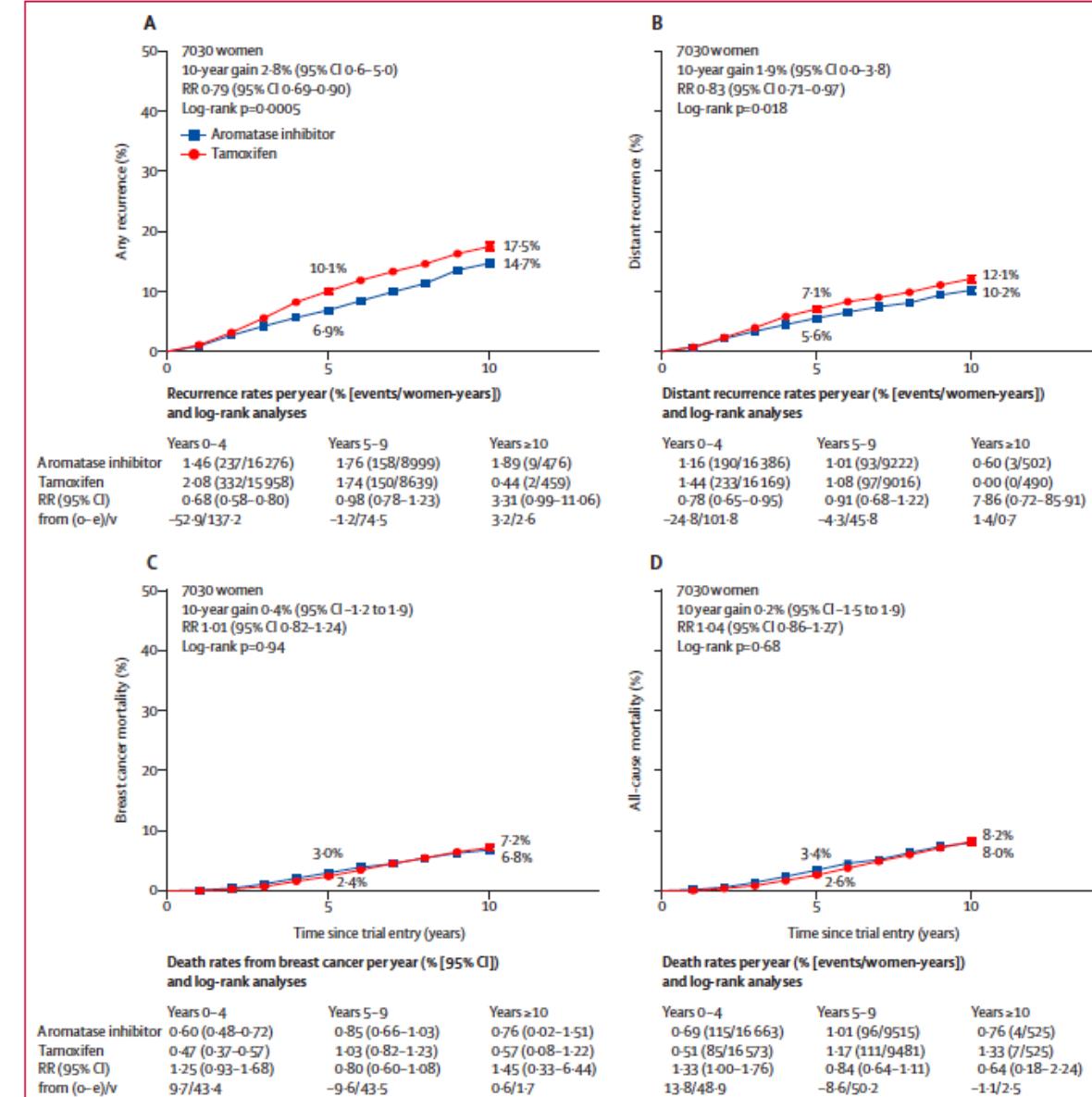
Early Breast Cancer Trialists' Collaborative Group (EBCTCG)\*

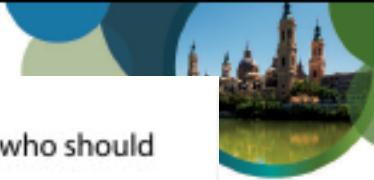


## Interpretation:

Using an aromatase inhibitor rather than tamoxifen in premenopausal women receiving ovarian suppression reduces the risk of breast cancer recurrence.

Longer follow-up is needed to assess any impact on breast cancer mortality.





# SOFT & TEXT trials

## TEXT

Population: Premenopausal women with endocrine-responsive early breast cancer who should receive OFS from the start of adjuvant therapy.

Enrollment November 2003 through April 2011

Final accrual: 2672 (revised target: 2639)

R  
A  
N  
D  
O  
M  
I  
Z  
E

### Stratify:

- Chemo planned
- Nodal Status

Tamoxifen + OFS (Triptorelin)

Exemestane + OFS (Triptorelin)

## SOFT

Population: Premenopausal women with endocrine-responsive early breast cancer who remain premenopausal after chemotherapy or after surgery alone.

Enrollment December 2003 through January 2011

Final accrual: 3066 (target: 3000)

R  
A  
N  
D  
O  
M  
I  
Z  
E

### Stratify:

- Prior chemo
- Intended OFS
- Nodal Status

Tamoxifen

Tamoxifen + OFS

Exemestane + OFS

# Combined TEXT and SOFT Trials -12-year results



**DFS** (4.6% - HR 0.79; 95% CI, 0.70-0.90;  $P < .001$ )

**DRFI** (1.8% - HR, 0.83; 95% CI, 0.70 to 0.98;  $P = .03$ ),

**Not OS** (90.1% v 89.1%, HR, 0.93; 95% CI, 0.78-1.11),

**HER 2-negative tumors** (86.0% of the ITT population),

OS with exemestane + OFS (absolute benefit)

2.0% (HR, 0.85; 95% CI, 0.70 to 1.04)

3.3% in those who received chemotherapy (45.9% of the ITT population).

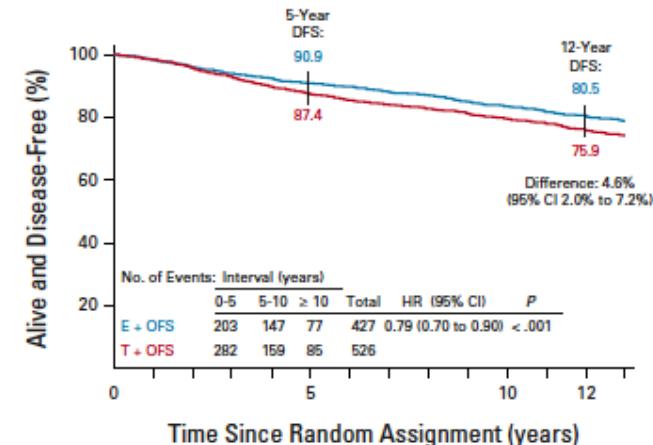
Clinically significant in **high-risk patients**,

< 35 years (4.0%)

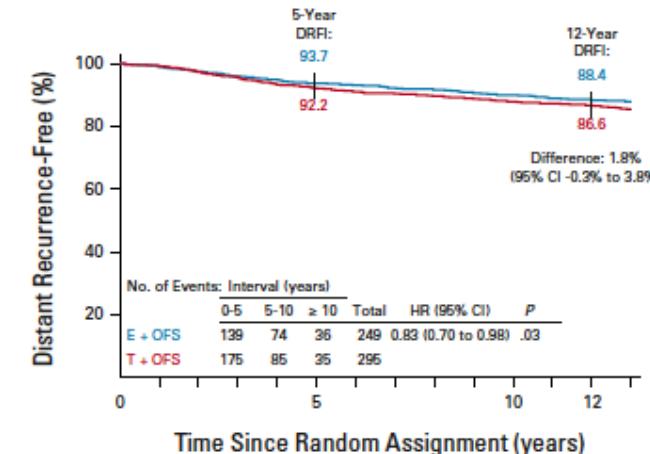
> 2 cm (4.5%)

grade 3 tumors (5.5%).

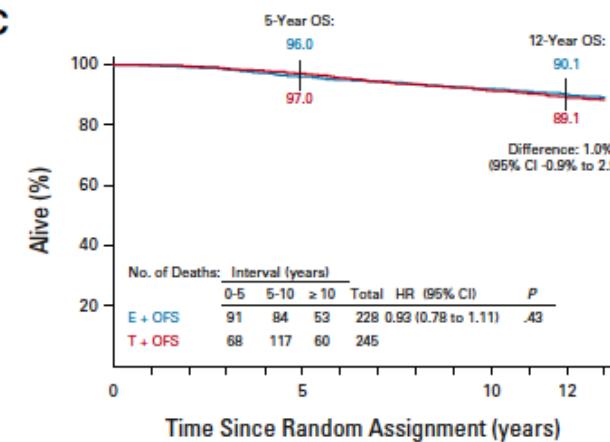
**A**



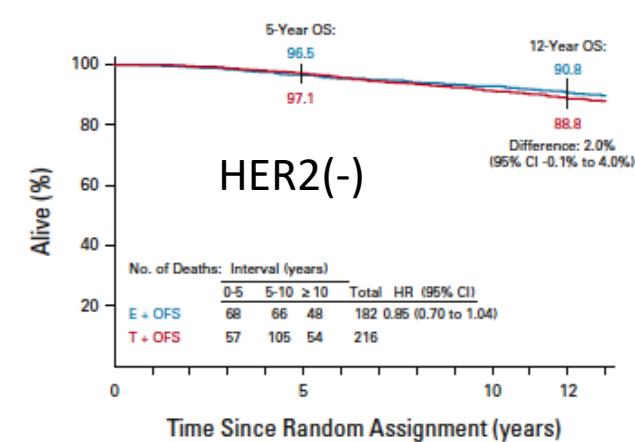
**B**



**C**



**D**

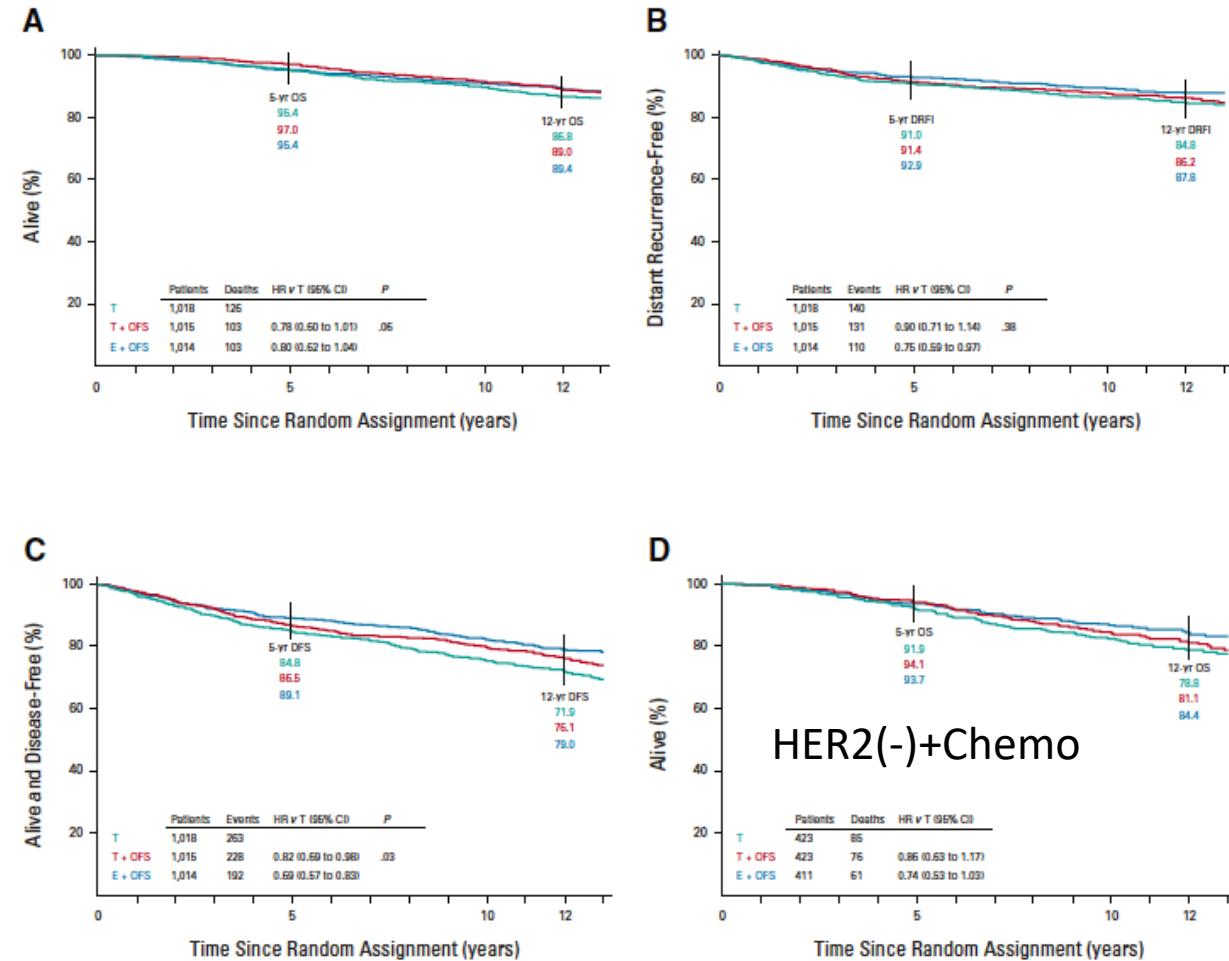


# 12-Year Results From SOFT



## DFS

TMX + OFS vs TMX (HR, 0.82; 95% CI, 0.69 to 0.98)  
71.9% (TMX) - 76.1% TMX+ OFS - 79.0% EXE+ OFS.



## OS

TMX + OFS vs TMX (HR, 0.78; 95% CI, 0.60 to 1.01)  
86.8% (TMX) - 89.0% TMX+ OFS - 89.4% EXE+ OFS.

## HER2 (-) + Chemo

78.8% TMX,  
81.1% TMX+ OFS  
84.4% EXE+ OFS

# 8-Year Follow-Up ASTRRA Trial



1,483 premenopausal  
< 45 years  
Neo/adjuvante chemotherapy  
Who Remain Premenopausal or Regain Vaginal  
Bleeding After Chemotherapy

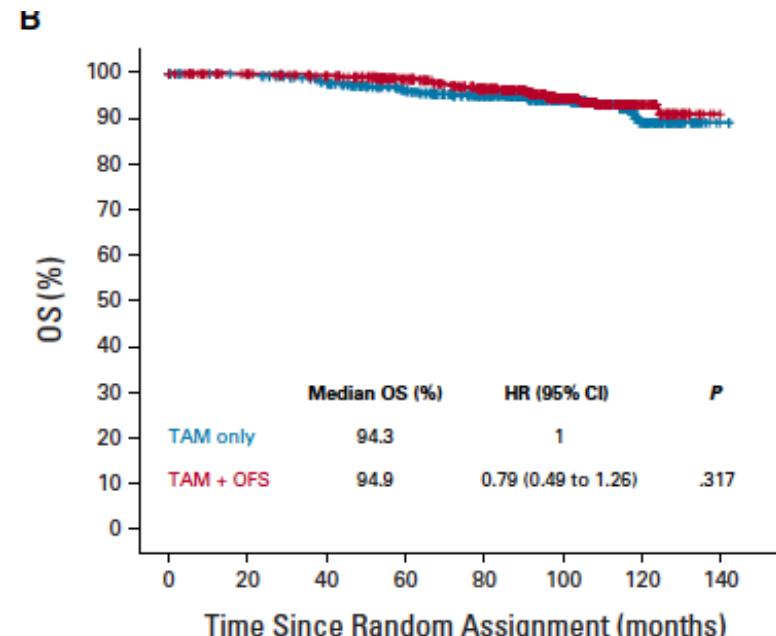
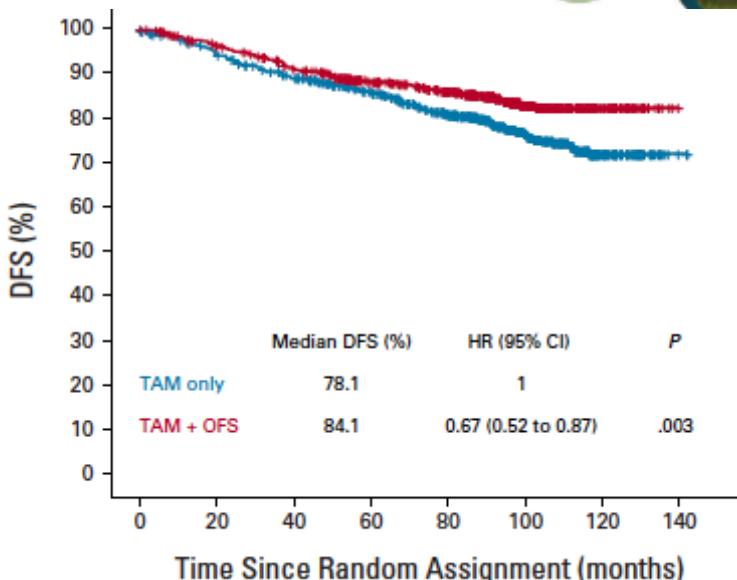
1:1 ratio 5y TMX vs 5y TMX + OFS 2y

## DFS

85.4% TMX + OFS - 80.2% TMX  
(HR 0.67; 95% CI, 0.51 to 0.87).

## OS (no significant)

96.5% TMX + OFS - 95.3% TMX  
(HR, 0.78; 95% CI, 0.49 to 1.25).



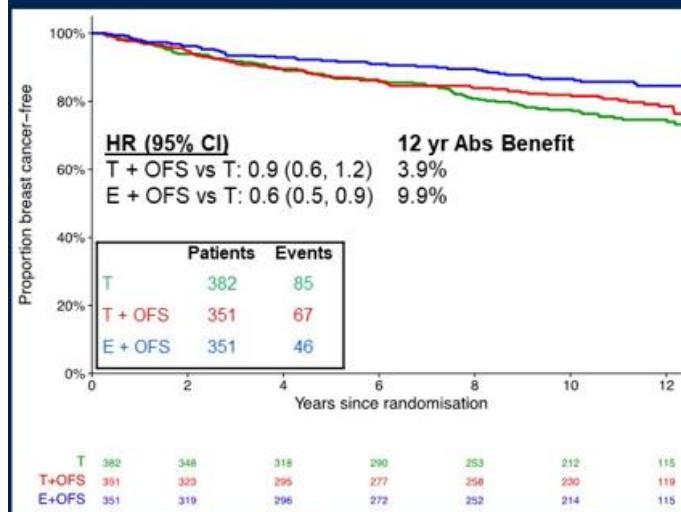
# PAM50 – ROR – SOFT-trial



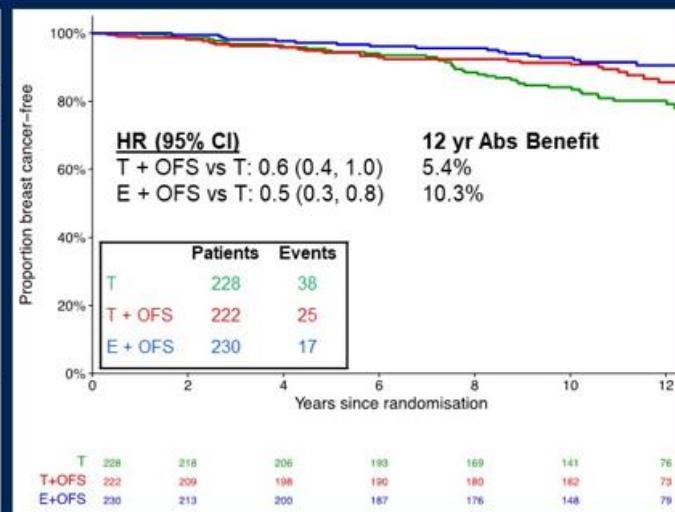
## PAM50 ROR Predictive results– overall cohort

[Endpoint = BCFI]

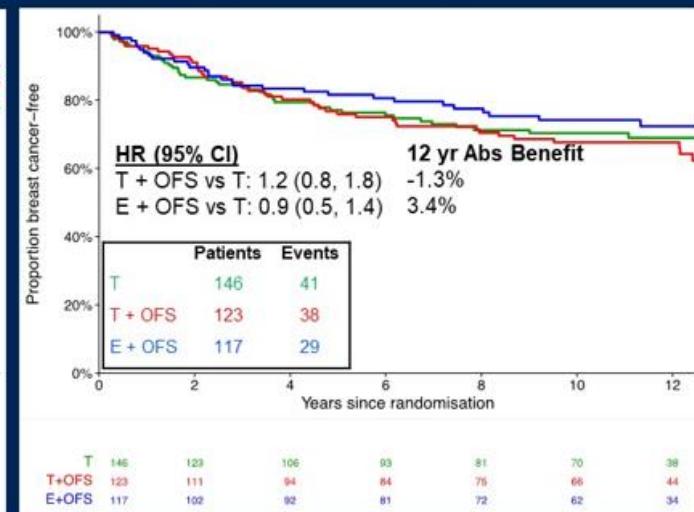
Unselected (N=1084)



ROR low/int (N=680, 64%)



ROR high (N=386, 36%)



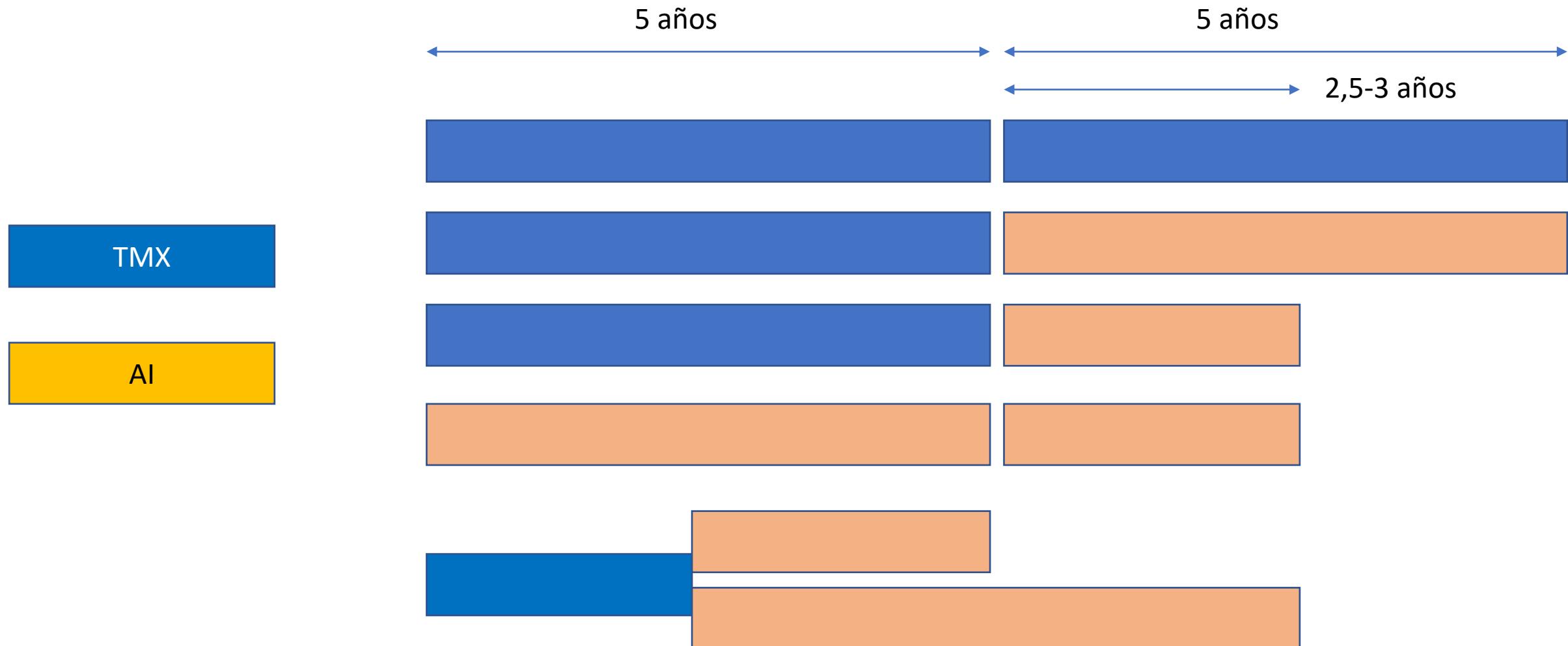
$$P_{int} (E + OFS) = 0.1; (T + OFS) = 0.2$$

- Very young women had significant enrichment of aggressive disease biology
  - <40yrs vs ≥40yrs had significantly more Luminal B subtype (39% vs 21%)
  - <40yrs vs ≥40yrs with Luminal A subtype had higher rates of distant recurrence at 10yrs (10-yr DRFI 83.4% vs 92.1%)
  - More frequent high ROR scores in node negative (36% vs 14%) and node positive (80% vs 66%) subgroups
- PAM50 ROR score was not predictive of OFS benefit in premenopausal women



# HT extendida

# Diseño de los estudios de HT extendida



ESTUDIO 1er tratamiento	INTERVENCIÓN	BENEFICIO ABSOLUTO	HR – SLE (RAMA EXPERIMENTAL)
NSABP 14 N0, 5a TMX	TMX 5a Placebo	SLE 7a 4% (placebo) SG 7a 3%	1,4 (0,9-2,2)
ATLAS 5a TMX	TMX 5a No tto	SLE 10a 3,7% SG (específica) 10a 2,8%	0,84 (0,76-0,94)
aTToM 5a TMX	TMX 5a No tto	SLE 2,6% SG 1,6%	0,75 (0,66-0,86) en el año 10 o posterior
NSABP B33 Postm, 5a TMX	EXEMESTANO 5a Placebo	SLE 4a 2%	0,68 (NA)
MA17 Postm, 5a TMX	LETROZOL 5a Placebo	SLE 4a 4,6% SG 4a 0,4%	0,58 (0,45-0,76)
ABCSG 6a Postm, 5a TMX+/-IA	ANASTROZOL 3a No tto	SLE 6a 4,6% SG 6a 1,4%	0,62 (0,40-0,96)
NSABP-B42 Postm, 5a, cualquier t endocrino	LETROZOL 5a Placebo	SLE 10a 3,3% SG 10a 0,5% (placebo)	0,86, P = .047
MA17R Postm, 5a IA+/- TMX previo	LETROZOL 5a Placebo	SLE 5a 4% SG 5a 1%	0,66 (0,48-0,91)
DATA Postm 2-3a TMX	ANASTROZOL 6a ANASTROZOL 3a	SLE 5a 3,7% SG 5a 1%	0,79 (0,62-1,02)
IDEAL Postm, 5a cualquier t endocrino	ANASTROZOL 5a ANASTROZOL 2,5	SLE 5a 1,4% SG 5a 0,8%	0,92 (0,74-1,16)
ABCSG 16 Postm, 5a cualquier t endocrino	ANASTROZOL 5a ANASTROZOL 2a	SLE 10a 0,8% (2y) SG 10a 0,4% (2y)	1,007 (0,87-1,16)
N-SAS BC 05 (AERAS) Postm, 5a IA/TMX-IA	ANASTROZOL 5a No tto	SLE 5a 5% SG 5a no diferencia	0,61 ( 0.46 to 0.82) 1.13 ( 0.61 to 2.10)
GYM-4 Postm, TMX 2-3 a	LETROZOL 2-3a LETROZOL 5 a	SLE 12a 4,7% SG 12a 4% (84 vs 88%)	0,78 (0,65–0,93) 0,77 (0,60–0,98); p=0,036

# Terapia extendida - meta-análisis - 15 EC randomizados



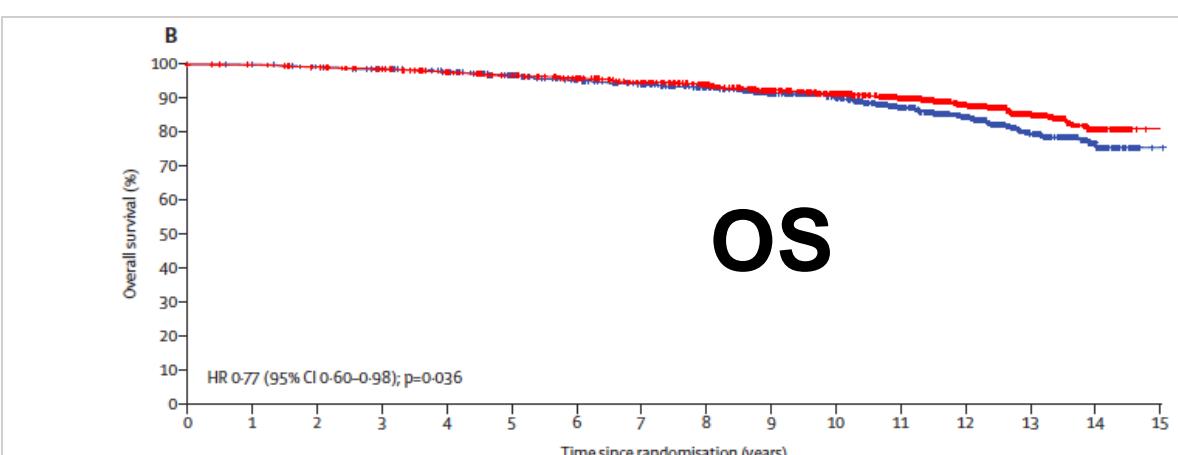
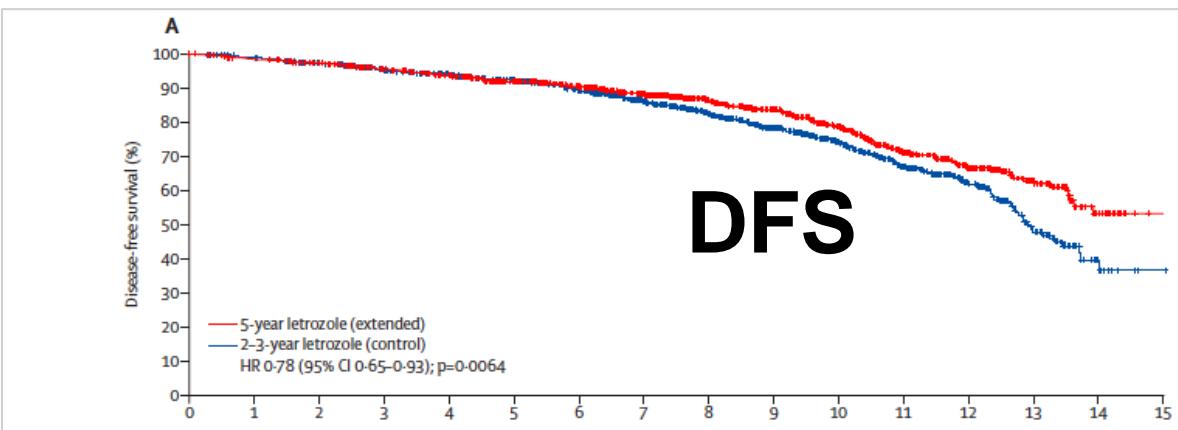
Outcome and subgroups	Number of studies	Number of patients	Meta-analysis				Heterogeneity		
			HR	95% CI	P value	95% PI	I <sup>2</sup> , Tau <sup>2</sup>	P value	
<b>DFS</b>									
Subgrouped by the duration of adjuvant endocrine therapy (Subgroup 2)									
Adjuvant endocrine therapy for 10 years vs 5 years	5	11160	0.790	0.632-0.988	0.039	0.371-1.685	73.0%, 0.0436		0.005
Adjuvant endocrine therapy for 10 years vs 7-8 years	3	6024	0.896	0.745-1.078	0.243	0.137-5.858	48.8%, 0.0130		0.142
Adjuvant endocrine therapy for 7-8 years vs 5 years	2	3716	0.783	0.677-0.906	0.001	-	0%, 0		0.935
Subgrouped by lymph node positive/negative (Subgroup 4)									
Positive	1	992	0.670	0.469-0.958	0.028	-	-		-
Negative	1	1152	1.380	0.988-1.927	0.059	-	-		-
Mixed (positive or negative)	7	17434	0.804	0.707-0.914	<0.001	0.561-1.152	54.4%, 0.0153		0.041
<b>OS</b>									
Subgrouped by the duration of adjuvant endocrine therapy duration (Subgroup 2)									
Adjuvant endocrine therapy for 10 years vs 5 years	6	16601	0.861	0.785-0.944	0.001	0.675-1.148	26.4%, 0.0055		0.236
Adjuvant endocrine therapy for 10 years vs 7-8 years	3	6024	1.011	0.864-1.183	0.893	0.365-2.796	0%, 0		0.851
Adjuvant endocrine therapy for 7-8 years vs 5 years	2	3716	0.814	0.668-0.844	-	0%, 0			0.437

# Extended therapy with letrozole as adjuvant treatment of postmenopausal patients with early-stage breast cancer: a multicentre, open-label, randomised, phase 3 trial

Lucia Del Mastro, Mauro Mansutti, Giancarlo Bisagni, Riccardo Ponzone, Antonio Durando, Laura Amaducci, Enrico Campadelli, Francesco Cognetti, Antonio Frassoldati, Andrea Michelotti, Silvia Mura, Ylenia Urracci, Giovanni Sanna, Stefania Gori, Sabino De Placido, Ornella Garrone, Alessandra Fabi, Carla Barone, Stefano Tamieri, Claudia Bighin, Fabio Puglisi, Gabriella Moretti, Grazia Arpino, Alberto Ballestrero, Francesca Poggio, Matteo Lambertini, Filippo Montemurro, Paolo Bruzzi, on behalf of the Gruppo Italiano Mammella investigators\*



GYM-4 12 Y FU



## DFS

Events: (25·4%) control and 212 (20·7%) of 1026 in the extended group.

12-year DFS 62% (95% CI 57–66) control group and 67% (62–71) extended group (HR 0·78, 95% CI 0·65–0·93; p=0·0064).

## OS

263 (12·8%) deaths

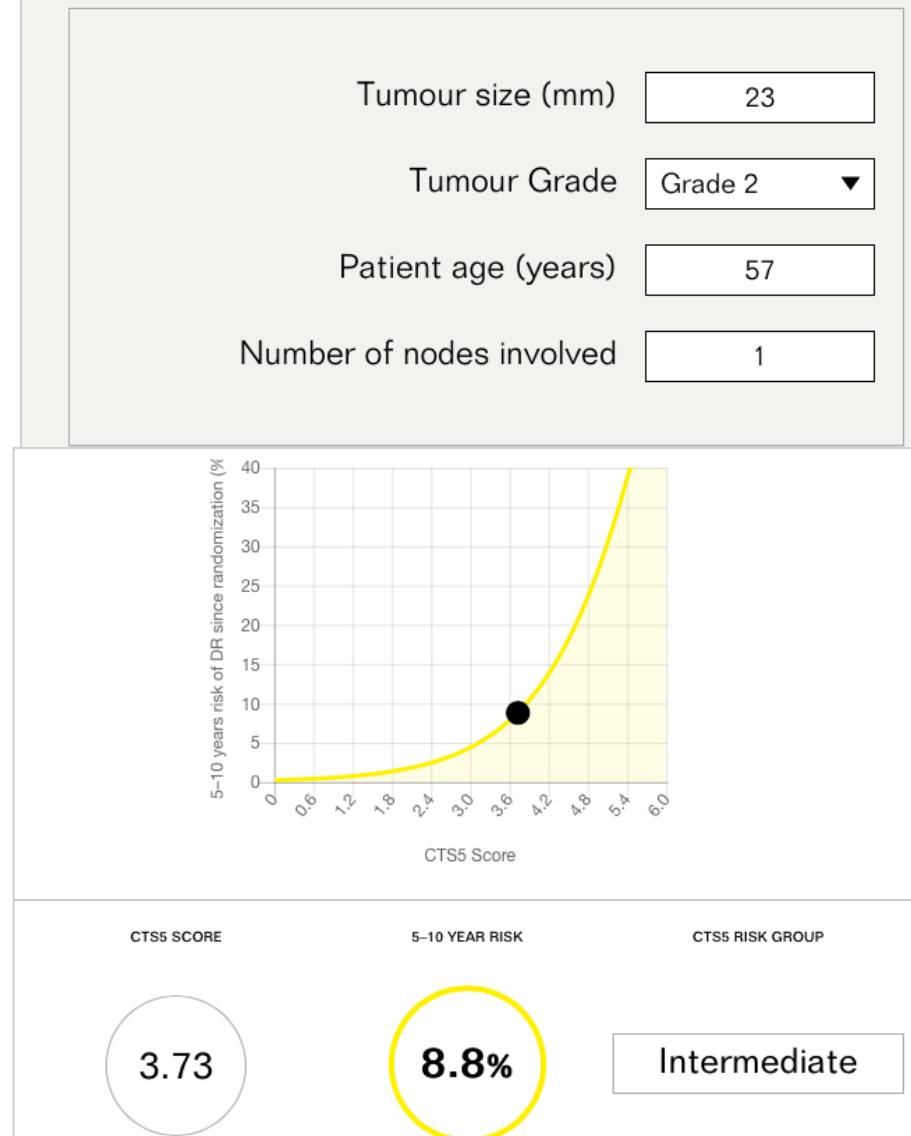
147 control group and 116 in the extended group.

12-year OS: 84% (95% CI 82–87) control group and 88% (86–90) extended group (HR 0·77, 95% CI 0·60–0·98; p=0·036;

**DISCONTINUATION (in the absence of disease progression)**  
189 (19·5%) control group  
344 (37·1%) extended group

# Factores para la toma de decisión

- Factores clásicos, el T, el N y el Grado, (N el más importante)
- T, el N y el grado se han integrado en una calculadora pronóstica (CTS5 [www.cts5-calculator.com](http://www.cts5-calculator.com)) ==> riesgo de recaídas entre los 5-10 años (postm)
- Plataformas genómicas (Oncotype DX, Mammaprint, Prosigna-ROR, Endopredict, BCI)
  - factor pronóstico para la recurrencia tardía - Prosigna-ROR, Endopredict y el Breast Cancer Index (BCI)
  - Factor predictivo beneficio terapia extendida - BCI,
    - 2 paneles de biomarcadores: MGI “5 gene molecular grade Index + la ratio de HoxB13 e interleukina-17B (H/I)
    - 2 grupos de riesgo, bajo (score 0-5) o alto (score 5.1-10)



# Breast Cancer Index (BCI)

Población	N	Plataforma	Valor predictivo de beneficio de ET extendida	P
IDEAL trial RH+, N-/, postm 5 años de HT (cualquiera) seguido de IA 2,5 vs 5 años	908	BCI (BCI (H/I) alto o bajo)	5+5 vs 5+2,5 - (RFI) <b>BCI (H/I) Alto</b> (429 p) HR 0.42 (95% IC 0.21-0.84) Beneficio absoluto de reducción del riesgo de recurrencia 9,8% <b>BCI (H/I) Bajo</b> (479 p) HR 0.95 (95% IC 0.58-1.56)	.011 0.835
Trans-aTTom RH+, N+, pre y post 5 años de TMX seguido de 5 años de TMX vs no mas tratamiento	789	BCI (BCI (H/I) alto o bajo)	5+5 vs 5 <b>BCI(H/I) Alto</b> 404 HR 0.33 (95% IC 0.14-0.75) Beneficio absoluto de reducción del riesgo de recurrencia 9,7% <b>BCI (H/I) Bajo</b> (385p) HR 1.08 (95% IC 0.76-1.74)	0.014
NSABP-B42 RH+, N+, postm 5 años (TMX->IA o IA) → 5 años de Letrozol vs Placebo	20179	BCI (BCI (H/I) alto o bajo)	Test para la interacción tratamiento- BCI alto/bajo	0.55

# Mammaprint - NSABP-B42



Endpoint	MP	10-yr risk Letrozole (%)	10-yr risk Placebo (%)	Absolute benefit (%)	HR (95%CI)	P	P interaction
DFS events	Low	20.3	28.1	7.8	<b>0.67</b> (0.52,0.85)	<0.001	0.015
	High	28.8	27.2	-1.6	<b>1.10</b> (0.82,1.47)	0.55	
BCFI	Low	8.4	15.4	7.0	<b>0.51</b> (0.35,0.74)	<0.001	0.006
	High	14.6	11.6	-3.0	<b>1.15</b> (0.74,1.79)	0.53	

- Absolute benefit of L vs. P was limited to MP-L for both DFS and BCFI
- Tests for treatment-by-MP risk group interaction were statistically significant

BCFI: time from randomization to first invasive breast tumor recurrence

# Biomarkers for Adjuvant Endocrine and Chemotherapy in Early-Stage Breast Cancer: ASCO Guideline Update

## Extended Endocrine Therapy for ER-Positive HER2-Negative Breast Cancer

*Oncotype DX, EndoPredict, Prosigna, Ki67, or IHC4.*

**Recommendation 1.23.** If a patient has node-negative breast cancer and has had 5 years of endocrine therapy without evidence of recurrence, there is insufficient evidence to use Oncotype DX, EndoPredict, Prosigna, Ki67, or IHC4 scores to guide decisions about extended endocrine therapy (Type: evidence-based; Evidence quality: intermediate; Strength of recommendation: moderate).

*Breast Cancer Index.*

**Recommendation 1.24.** If a patient has node-negative or node-positive breast cancer with 1-3 positive nodes and has been treated with 5 years of primary endocrine therapy without evidence of recurrence, the clinician may offer the BCI test to guide decisions about extended endocrine therapy with either tamoxifen, an AI, or a sequence of tamoxifen followed by AI (Type: evidence-based; Evidence quality: intermediate; Strength of recommendation: moderate).

**Recommendation 1.25.** If a patient has node-positive breast cancer with  $\geq 4$  positive nodes and has been treated with 5 years of primary endocrine therapy without evidence of recurrence, there is insufficient evidence to use the BCI test to guide decisions about extended endocrine therapy with either tamoxifen, an AI, or a sequence of tamoxifen followed by AI (Type: evidence-based; Evidence quality: intermediate; Strength of recommendation: strong).

*Clinical treatment score post-5 years.*

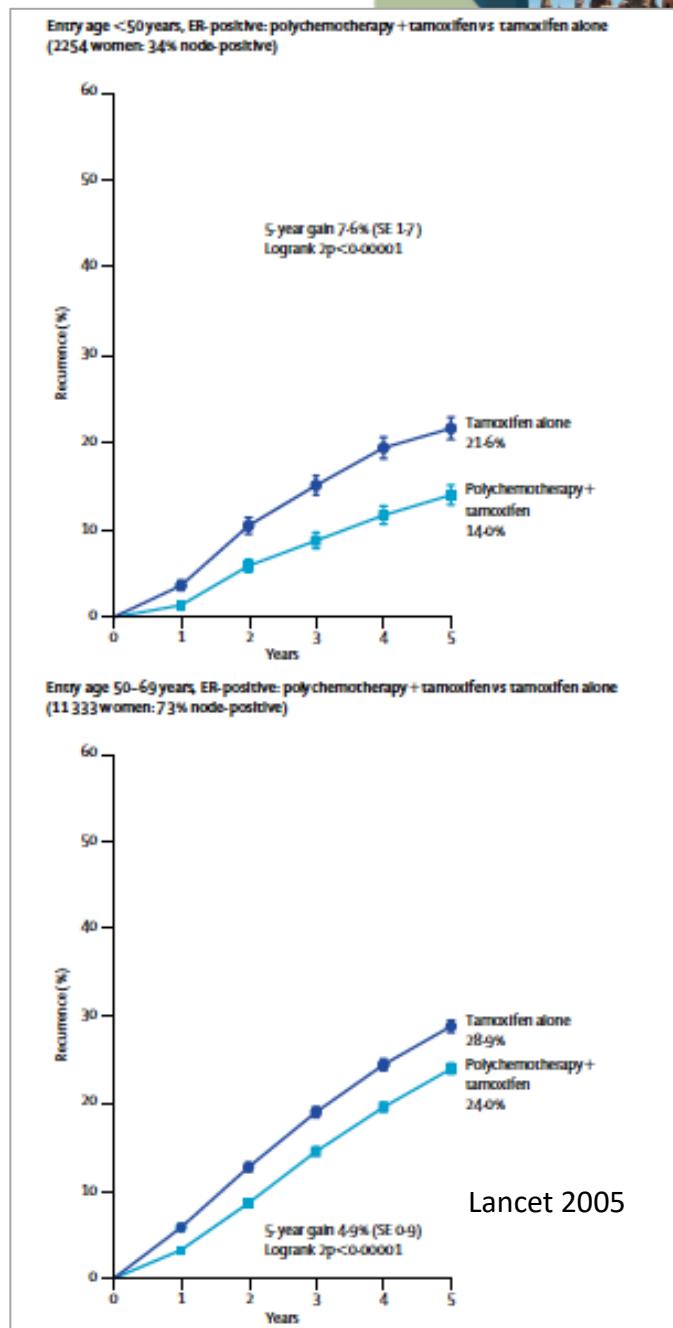
**Recommendation 1.26.** If a patient is postmenopausal and had invasive breast cancer and is recurrence-free after 5 years of adjuvant endocrine therapy, the clinical treatment score post-5 years (CTS5) web tool may be used to calculate the estimated risk of late recurrence (recurrence between years 5-10), which could assist in decisions about extended endocrine therapy (Type: evidence-based; Evidence quality: intermediate; Strength of recommendation: moderate).



# ¿papel quimioterapia?

# QT neo/adyuvante en CM RH+/HER2-

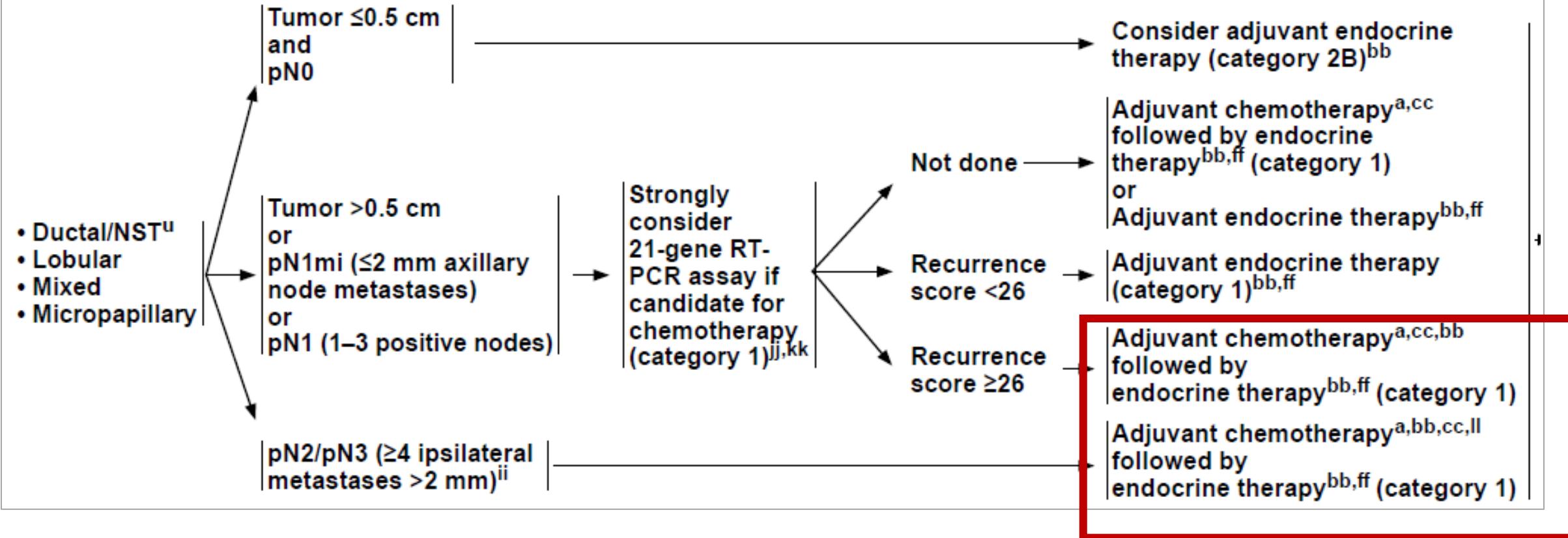
- EBCTCG meta-análisis QT (<https://www.ctsu.ox.ac.uk/research/the-early-breast-cancer-trialists-collaborative-group-ebctcg/ebctcg-publications>)
  - Beneficio independiente de la expresión de RE, N
  - Mayor absoluto en N+, RE neg, < 50 años
  - Tipos QT
    - Antras > CMF,
    - Antras + Taxanos > antras solas,
    - Taxanos sin antras vs taxanos + antras (¿?)
- Mayoría estudios era preHER2 y mezclando RH+ y RH(-)
- QT neo
  - baja tasa de pCR
  - Valor de la respuesta patológica < HER2+ y TN
- Plataformas genómicas - toma de decisión
- ASCO guidelines - últimas en 2016



# NCCN Guidelines Version 4.2023



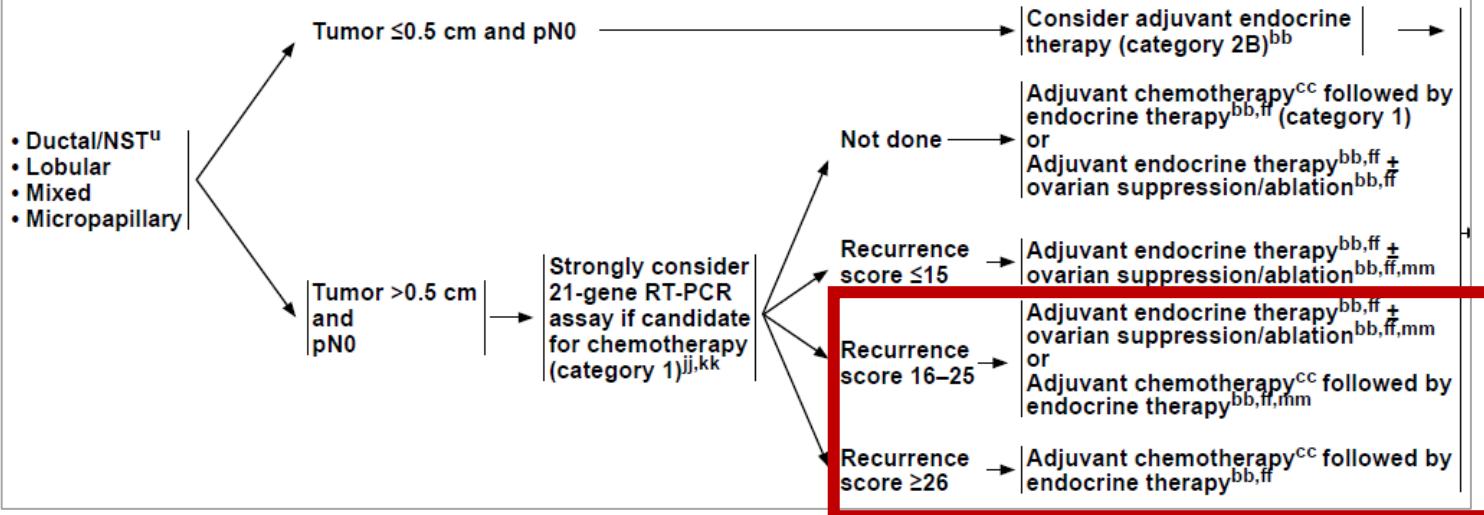
## SYSTEMIC ADJUVANT TREATMENT: HR-POSITIVE - HER2-NEGATIVE DISEASE<sup>d,r,z</sup> POSTMENOPAUSAL<sup>aa</sup> PATIENTS with pT1–3 AND pN0 or pN+ TUMORS



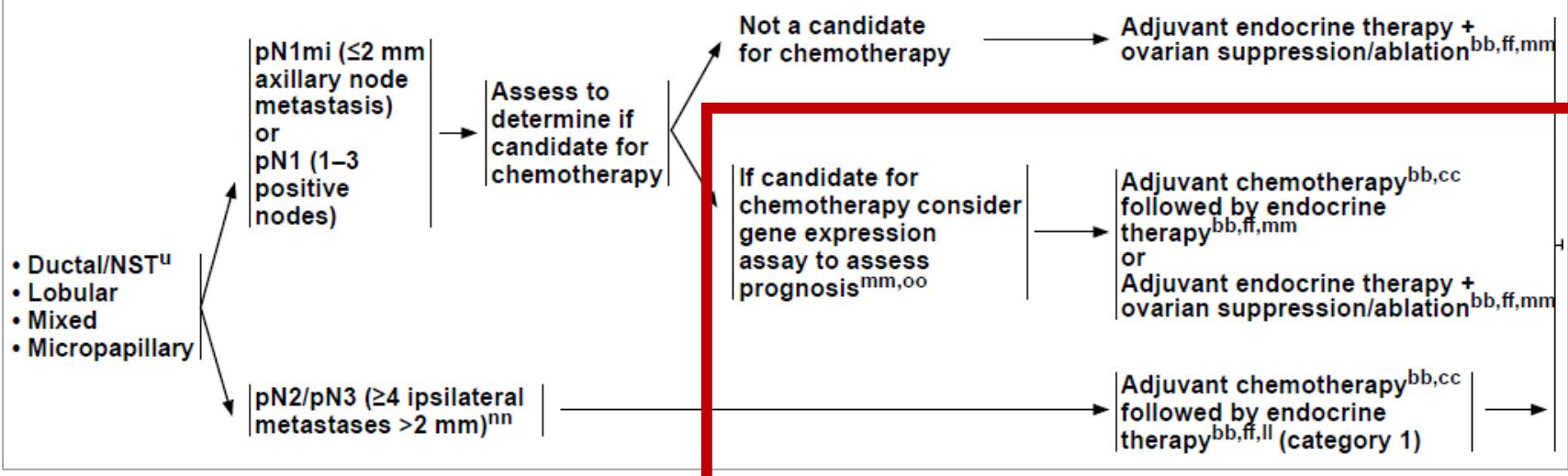
# NCCN Guidelines Version 4.2023



**SYSTEMIC ADJUVANT TREATMENT: HR-POSITIVE - HER2-NEGATIVE DISEASE<sup>d,r,z</sup>**  
PREMENOPAUSAL<sup>aa</sup> PATIENTS with pT1-3 AND pN0 TUMORS



**SYSTEMIC ADJUVANT TREATMENT: HR-POSITIVE - HER2-NEGATIVE DISEASE<sup>d,r,z</sup>**  
PREMENOPAUSAL<sup>aa</sup> PATIENTS with pT1-3 AND pN+ TUMORS



# ¿Antraciclinas?

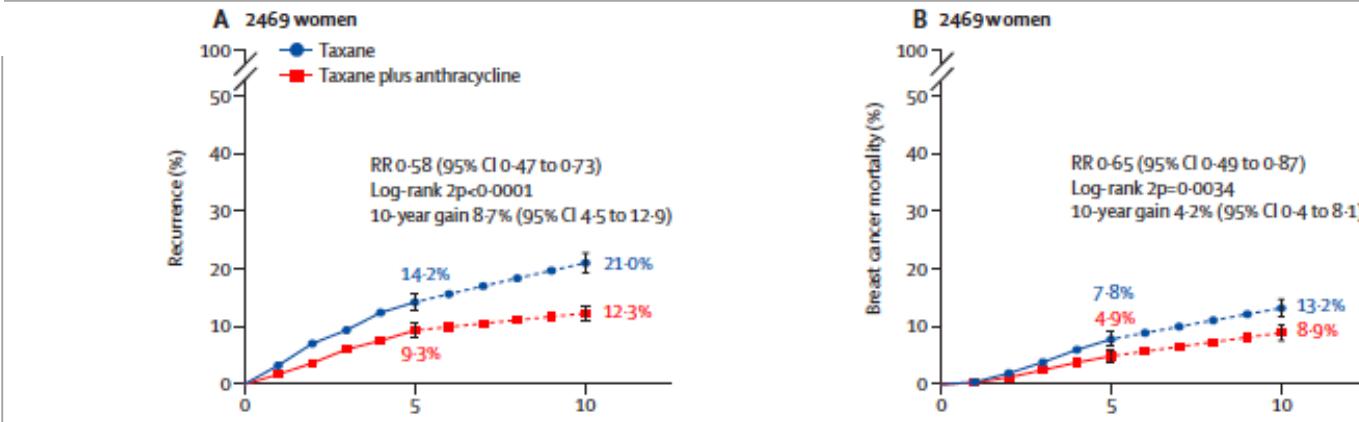


**Anthracycline-containing and taxane-containing chemotherapy for early-stage operable breast cancer: a patient-level meta-analysis of 100 000 women from 86 randomised trials**

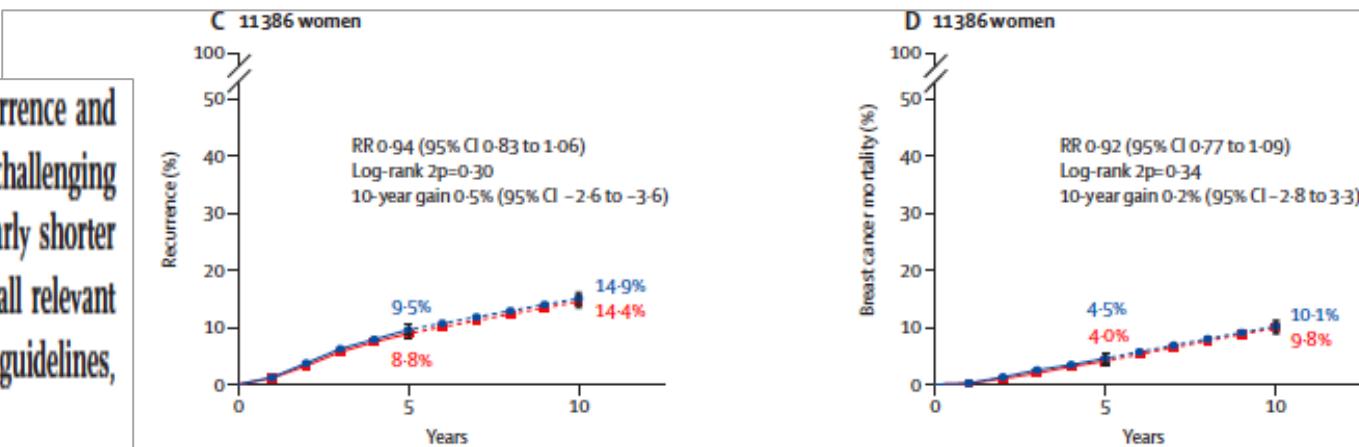
Early Breast Cancer Trialists' Collaborative Group (EBCTCG)\*

**Interpretation** Anthracycline plus taxane regimens are most efficacious at reducing breast cancer recurrence and death. Regimens with higher cumulative doses of anthracycline plus taxane provide the greatest benefits, challenging the current trend in clinical practice and guidelines towards non-anthracycline chemotherapy, particularly shorter regimens, such as four cycles of docetaxel–cyclophosphamide. By bringing together data from almost all relevant trials, this meta-analysis provides a reliable evidence base to inform individual treatment decisions, clinical guidelines, and the design of future clinical trials.

## Concurrent anthracycline plus docetaxel plus cyclophosphamide Vs Tax-Cyclo



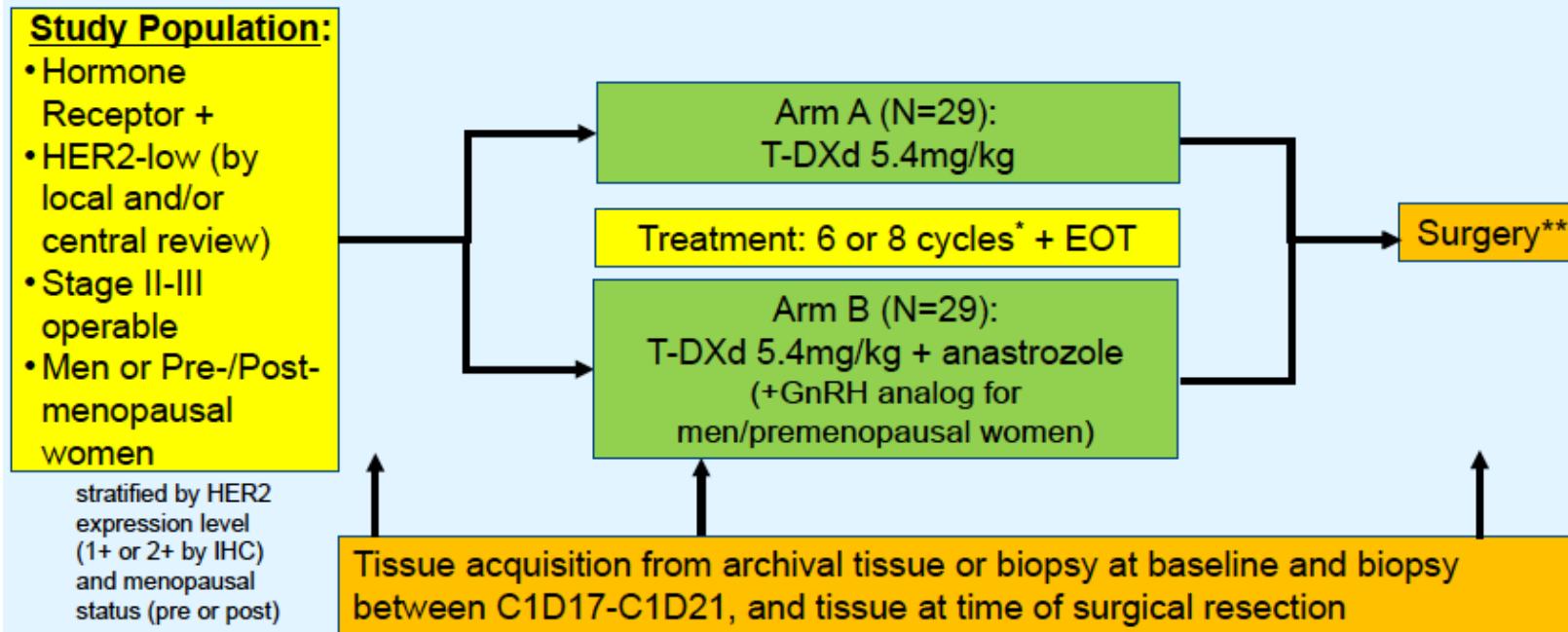
## Sequential anthracycline plus docetaxel plus cyclophosphamide Vs Tax- Cyclo





# ¿Algún dato con ADC?

## TRIO-US B-12 (TALENT): Study Design



- ORR: 68% (T-DXd alone, Arm A); 58% (T-DXd with anastrozole, Arm B)
- RCB 0/1 rate: 15% (both arms); surgical outcomes pending (24% in arm A; 31% in Arm B)



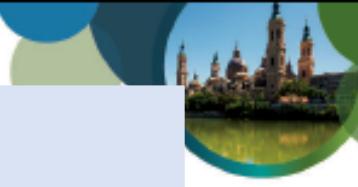
## Quimioterapia y CDKis

¿sustituirán los CDKis a la QT en algún subgrupo?

¿Beneficio diferencial?

¿Siempre juntos ? - ¿Efecto aditivo?

EC en marcha



## ¿plataformas genómicas?.

- si, pero necesitamos algo mejor que las actuales para hacer medicina de precisión

### ¿HT extendida?

- Efecto moderado
- Pacientes de riesgo (T y N y G, ¿BCI?)
- TMX 10 años, IA (7-8 años (10 años no datos concluyentes)
- ¿Premenopausicas de alto riesgo tratadas con SO + IA?
- Impacto de CDKis, papel de nuevos SERD/SERM



### ¿bloqueo estrogénico completo?

- Efecto moderado
- Alto riesgo
- ¿Todas las mujeres muy jóvenes (< 35) independientemente del estadío?

¿papel quimioterapia? - todavía sí



Thank you Thank you  
Mila esker Mila esker  
Merci Merci Merci  
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